



Dapplegray Times

DAPPLEGRAY—HOME OF THE COLTS

Volume 3, Issue 1

September 2008

Dapplegray's Trailblazer

Did you ever wonder why Mr. London decided to become a principal? We wanted to know!

DG TIMES: How old were you when you knew that you wanted to be a principal?

MR. LONDON: Thirty.

DG TIMES: Why did you want to become a principal?

MR. LONDON: After teaching at the elementary, intermediate and high school levels, I thought I could make a positive impact on a wide range of kids as a principal. I was an intermediate school principal first and then moved to the elementary level as a principal. I was a district administrator for eight years, but liked the elementary principalship best and returned to that level in 1993.

DG TIMES: What did you do before you became a principal?

MR. LONDON: I was a teacher at all three K-12 levels, a district administrator, and taught university masters-level classes.

DG TIMES: How did you happen to become principal at Dapplegray?

MR. LONDON: Dr. Ira Tobin, then Superintendent of Schools, sent out an email



asking if anyone was interested in building an elementary school at Dapplegray. I had started at Cornerstone in 1993 as its principal and was ready for a new challenge. I was lucky enough to be selected as Dapplegray's first principal.

DG TIMES: What do I need to do to be a principal?

MR. LONDON: You need to develop a passion for what you want to do. If you

have a passion for something, you will like what you do and you will be successful.

DG TIMES: What do you like best about being principal of Dapplegray?

MR. LONDON: Being with the kids in the classrooms and on campus. I plan to do more that during this school year.

DG TIMES: What is the biggest change for Dapplegray in 2008-09?

MR. LONDON: Four new staff members! Two at 3rd grade and two at 5th grade.

DG TIMES: What is your best memory at DG?

MR. LONDON: The day we opened in 1999!
Tessa S.

Upcoming Events

- FIRST DAY OF SCHOOL —SEPT 2
- MINIMUM DAY—SEPT 2
- RUBY'S NIGHT—SEPT 10
- BACK-TO-SCHOOL NIGHT —SEPT 18
- MINIMUM DAY—SEPT 19

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5th Grade Teachers Layla Kidd and Nicole Pinel

Gallop Around Dapplegray

Campus Editor, Kelly K., rounds up our new teachers

The beginning of the school year brings tons of excitement: clean backpacks, new shoes, crisp clothes and this year, four new teachers to Dapplegray. Mrs. O'Brien and Ms. Arjasbi are now part of the terrific third grade team. Ms. Kidd and Miss Pinel,

Continued on page 3

DAPPLEGRAY TIMES

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Meet Our New 3rd Grade Teachers!

Dapplegray Times reporter Rachel G. interviews our new third grade teachers, Mrs. Stephanie O'Brien and Ms. Jasmine Arjasbi.

DG TIMES: How did you decide to come to Dapplegray?

MRS. O'BRIEN: After being a substitute for Mrs. Samera last year, I was really excited when Mr. London asked me to become a teacher here. I like all the activity at Dapplegray, and I'm proud to be a Colt.

MS. ARJASBI: Within 20 minutes of being on campus and talking to Mr. London, I knew Dapplegray was the perfect school for me. I share the same educational philosophy that is the foundation of Dapplegray. I strongly believe in multiple intelligences and that everyone learns in different ways. Dapplegray has a beautiful campus, supportive community, access to valuable resources, and fantastic faculty; I couldn't imagine teaching anywhere else.

DG TIMES: What did you do before coming to Dapplegray?

MRS. O'BRIEN: Before I came to Dapplegray, I was finishing up my schooling to be a teacher.

MS. ARJASBI: After growing up in Redondo Beach I attended the University of San Francisco where I received a Bachelor's Degree in Psychology. I then decided that I wanted to be a teacher. I went to Loyola Marymount University and got my teaching credential and Masters in Elementary Education. While getting my Masters degree, I was a Director at My Gym Children's Fitness Center.

DG TIMES: What do you like to do when you aren't teaching?

MRS. O'BRIEN: When I'm not teaching, I like to exercise, read, cook and hike. I like to be outside a lot, and I love the beach! I also love to spend time with friends, family and my new husband.

MS. ARJASBI: There are many things I like to do when I'm not teaching. In the summer you can find me at the beach, riding my bike on the strand, or doing anything outside. I also love taking pictures and making scrapbooks, and cooking.

DG TIMES: What do you remember from when you were in the third grade?

MRS. O'BRIEN: I remember being really excited to learn how to read and write cursive. I wanted to be able to do what my older brother did!

MS. ARJASBI: I remember being so excited to learn. I had the most wonderful 3rd grade teacher who made me so interested in everything that we did from making our own covered wagons in Social Studies to designing our own restaurants in math. And now today as I think about being a 3rd grade teacher I think that I am just as excited as I was back then.

Rachel G.

Third Grade Reporter



Mrs. Stephanie O'Brien



Ms. Jasmine Arjasbi

Gallop around Dapplegray *continued from page 1*

our new fifth grade teachers, took time out of their busy summer schedules and shared some information about themselves.

Ms. Kidd graduated from CSULB with a major in English Linguistics and loves foreign languages, especially French. Baking, cooking, reading and writing are a few of Ms. Kidd's favorite things to do. Ms. Kidd has a lot of books that she enjoys, but her favorite is Jean Plaidy's *The*

Lady in the Tower and most anything by Sarah Mylnowski. She also loves Godiva and French dark chocolate and enjoys listening to all types of music, but admits Coldplay and The Corrs are at the top of her list.

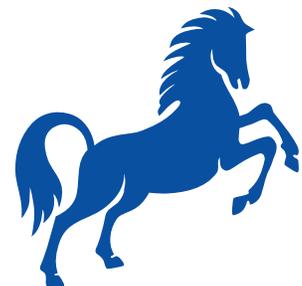
Now, here are some interesting facts about Miss Pinel. She graduated from California State University Chico in Northern California and her favorite subjects were English and sculpture. Miss Pinel's

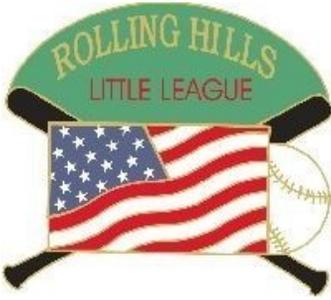
favorite book is *The Outsiders* by S.E. Hinton. Her favorite candy is the Take Five candy bar. In her free time, she enjoys spending time with her friends and family and relaxing at the beach. Miss Pinel loves all types of music and can't narrow it down to one favorite song.

With all of our great teachers, I'm sure everyone will have a wonderful school year.

Kelly K.

Campus Editor





Red Sox Rule at Home!

Red Sox dominates Rolling Hills Little League 2008

The Rolling Hills Little League Red Sox teams dominated in final baseball competitions. The one exception was the Minor Tigers, who won the Minor division.

RHLL second place teams had more variety, with the Cardi-

nals winning 2nd place in the majors; the Angels winning 2nd place in the RHLL Intermediate Division, and the Astros winning 2nd place in the RHLL Minors Division.

Congratulations to all these winning teams! Most impor-

tantly, thanks to all the other Rolling Hills teams who gave their best effort during the season.

Winter League

For those of you who really like to play baseball, you can sign up for Winter League. Games are on Sunday afternoon, with one practice during the week. You can find more information at www.rhll.org.

Fall Soccer

Another favorite sport that starts this month is soccer. Teams are already selected. So, get on your shin guards and cleats, and get a kick out of playing soccer!

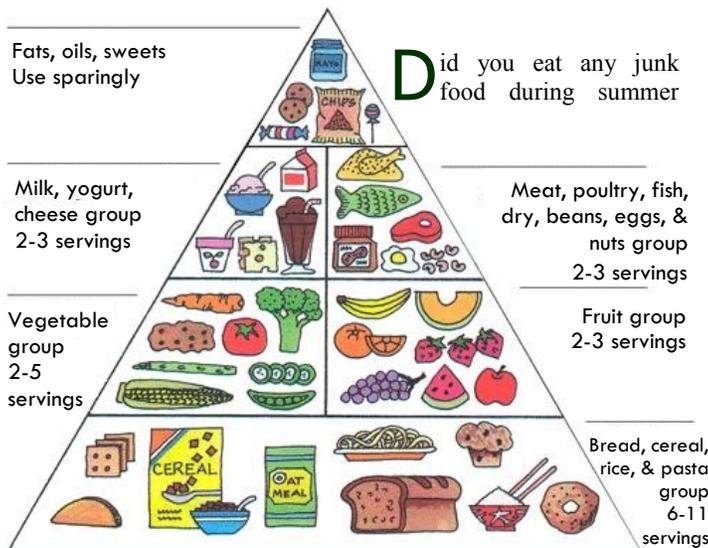
*Charlie G.
Co-Sports Editor*

2008 Rolling Hills Little League Results

- Majors Champ:** The Red Sox
- Intermediate Champ:** The Red Sox
- Minor Champ:** The Tigers
- Minor Tournament Winner:** The Red Sox
- Intermediate King of the Hill Champs:** RHLL Red Sox
- Second Place Winners**
 - Majors 2nd Place: The Cardinals
 - Intermediate 2nd Place: The Angels
 - Minor 2nd Place: The Astros

You Are What You Eat

A new school year and new start for healthy eating



Did you eat any junk food during summer

break? It's hard not to. We have to remember that eating healthy foods will help us stay fit and do better in school and sports.

Here are some tips on what we should be eating daily to stay healthy.

- **Wheat:** 6-11 servings a day (pasta, cereal, bread)
- **Meat:** 2-3 servings a day (beef, chicken)
- **Sweets & Junk Food:** Once in awhile but not at every meal.

*Rachel C.
Health Editor*

Live a healthy life style. Always eat healthy!

An Aloha Little League World Series

The Waipio Little League team from Hawai'i wins the World Series

For all the Dapplegray students who participate in Little League, here's some great news to share with you.

Did you have the opportunity to watch the Little League World Series? The Waipio Little League players from Hawai'i ended their 2008 summer by heading to South Williamsport, Pennsylvania to play in the 2008 Little League World Series.

The Hawai'i players defeated six other U.S. Little League teams to reach the Little League World Series final. Their opponent for the final

was a team from Mexico. The Hawai'i and Mexico teams played six solid innings of baseball. In the end, the Hawaiians defeated Mexico by a score of 12-3, giving the U.S. their fourth Little League World Series title since 2005. Incidentally, in 2005, a U.S. team also from Hawai'i, Eva Beach Little League, won the title as well.

The Hawaiian team used the powerful bats of Tanner Tokunaga and Iolana Akau to give the Hawaiians a 5-2 lead in the third inning. Tokunaga hit one home run, while Akau contrib-

uted to the score with his single shot home run. Mexico scored its runs off of Eduardo Rodriguez's two run single. Tokunaga extended Hawai'i's lead to 8-3 by hitting his second home run of the game. Hawai'i added four more runs to take the game 12-3. Mexico made a good effort, but they could not overcome Hawai'i's powerful hitters, good pitching, and fielding.

Congratulations to the Waipio Little League team for winning the Little League World Series.

*Kristopher K.
Co-Sports Editor*



Restaurant Review: Doing the Samba

Samba Restaurant dishes up the meat

How would you like to go to a restaurant where there are fifteen different kinds of meat, a great view and fantastic entertainment? If so, then Samba of Redondo Beach is the place for you.

When you walk into this Brazilian barbeque, you are immediately seated and order your drinks. After you place your order, you go to a hot and cold buffet with shrimp and salads. When you finish, they bring

over the meat! Picture a dozen meat carvers walking around offering great quality, delicious barbequed meats. You will eat a lot of food because it is "all you can eat." If you visit on a Friday or Saturday night, the restaurant has real Brazilian dancers to entertain the crowd. Show times are 7:30, 8:30 and 9:30. Prices are \$28.99 for adults and \$9.99 for kids.

I recommend this restaurant because it is on the Redondo

harbor and the food is great.

Samba Restaurant is located at 207 N. Harbor Drive, Redondo Beach, CA 90277. The phone number is (310) 374-3411. You also can get more information and make a reservation on their website at <http://www.sambaredondo.com>.

*Matthew P.
Restaurant Reviewer*



ARE Point of View

By Alexa M., Robert J., and Eddie J.



Dear ARE,
My friend keeps promising me she'll invite me over to her house, but she still hasn't. A promise is a promise.

From,
Broken Promises

Dear Broken Promises,
I know she promised, but sometimes it's up to her parents. Maybe you should invite her over instead.

From,
Alexa

Dear Broken Promises,
Call your friend and ask if you can go over. If it really bothers you, get a new friend.

From,
Robert and Eddie

Dear ARE,
One of my sisters is bossy and the other is just weird. Is it okay to use a rubber

band gun on them when they are bothering me?

From,
Anti-Sister Spray

Dear Anti-Sister Spray,
It depends on what they are doing. If they are hurting you, you can use it, but if they are just teasing you, don't use it.

From,
Alexa

Dear Anti-Sister Spray,
Grab a nerf gun instead and don't shoot her in the face unless she is wearing goggles. Or take a funny picture of her when she's sleeping.

From,
Eddie and Robert

Dear ARE,
My brother bugs me all the time. He hits me. When I'm trying to sleep, he sometimes sneaks up on me. And he

does bad things on my video games to make me lose. He gets me in trouble by making me scream, and then we both get punished. I've tried to say, "Let's just get along," but he doesn't listen. He is older than I am, so that makes it hard. What can I do?

From,
Sorry Sister

Dear Sorry Sister,
Ignore him and if he still bugs you, talk to your mom. Maybe she doesn't know how much he bothers you.

From,
Alexa

Dear Sorry Sister,
When your brother keeps doing things to try to get you in trouble, just ignore him and you'll have the power.

From,
Robert and Eddie



Palos Verdes Art Center

5504 W. Crestridge Rd.
Rancho Palos Verdes
CA 90275
(310) 541-2479
www.pvartcenter.org

Great Art and Great Fun at the PV Art Center

A great place to go when you want a break from school or you want to learn more about art is the Palos Verdes Art Center.

The Jewelry Place

The Palos Verdes Art Center is a great place to look at art and even create your own masterpiece. At the PV Art Center they have more than 140 pieces of wearable art on display. There are 79 jewelry items crafted of everything from precious metals and gems to nylon mesh, rubber and recycled materials; sometimes combined in the same piece!

Art Classes

They have art classes too! For adults you can choose from ceramics, drawing, print making/photography and much more. For children, you can choose from ceramics, drawing and painting, jewelry making, accessories and more.

The Palos Verdes Art Center also coordinates the Art and Your Fingertips program in public and private schools in Palos Verdes.

Plans to Expand

Just how big is the art center you wonder? An estimated

guess is 11,000 square feet. But that will change soon, because the Palos Verdes Art Center will be under construction. They have already been doing some construction this past year, which includes the re-roofing and repainting of all three buildings, resurfacing of the parking lot, replacing the heating and air conditioning system and new landscaping.

If you have some extra time, you should stop by the PV Art Center, now that it's looking spectacular!!

Josie J.
Art Editor

The New Red Blood Cell

Red blood cells carry oxygen throughout the body, so if you have a disease in your blood, it could be serious. Blood donor shortages happen much too often, so scientists have found an efficient way to make red blood cells using embryonic stem cells. The thought of an almost limitless supply of red blood cells is amazing.

Researchers at Advanced Cell Technology in Worcester, Massachusetts, the University of Illinois, Chicago, and the Mayo Clinic in Rochester, Minnesota, say they've made the cells act like regular blood cells in tests. The results indicate that type O-negative blood – a “universal donor” could be made. “Universal donor” means that it can be used with all blood types.

Natural blood cells circulate through the body for an average of 120 days if we can pump out embryonic blood cells. On a large scale, they could survive long enough to be useful in treating some diseases. The study is available at <http://www.advancedcell.com>.

Sianna B.
Science Editor



Book Review: The Tale of Despereaux

Despereaux, by Kate DiCamillo, is a book full of excitement and suspense. It teaches the reader about friendship, love, and that it's okay to be different.

The main character is a Despereaux who is a very small mouse with huge ears and an enormous heart. He loves adventure, books and the human Princess Pea. Despereaux gets in trouble and is thrown into a

dungeon with mice-eating rats. He protects himself with a sewing needle that he used as a sword. In the dungeon he meets Chiaroscuro who is a rat that loves the light instead of the dark like other rats.

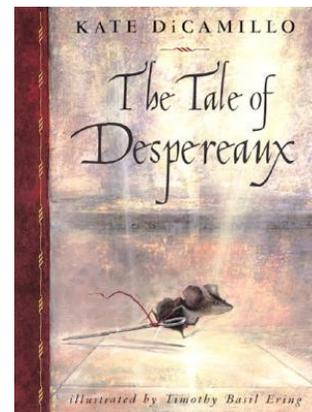
Miggery Sow and Princess Pea are two girls in the book that want what each other has. Miggery Sow is a peasant girl who wants to be a princess, and Pea wants to be a regular girl.

Each character in *The Tale of Despereaux* wishes to be different and wants to reach their goals and dreams.

This book is excellent for both boys and girls!

Read the book soon because the movie is coming out in December!

Meghan M.
Book Review Editor



Entertainment Review: Wizards of Waverly Place

This Disney Channel comedy, the *Wizards of Waverly Place*, is one of my favorite shows on television.

This half-hour TV show is about a family of Wizards. The stars are Selena Gomez, who plays Alex Russo, David Henrie, who plays her older brother Justin, and Jake T. Austin, who plays her younger brother Max.

Alex, Justin, and Max Russo are wizards in training. Their dad used to be a wizard, but lost his powers when he married their mom, who is a mortal. The three kids will compete when they are older to see which one gets to keep the wizard powers as an adult.

Alex is my favorite character, because she gets in sticky situations and is very funny.

She sometimes uses her powers unsupervised and always gets into trouble. You never know what is going to happen to her next.

The *Wizards of Waverly Place* is fun for most Dapplegray students to watch, but it might appeal more to second, third, fourth, and fifth graders.

Tessa S.





Back-to-School Shopping!

Places to shop for back-to-school clothes

A new school year means its time for back-to-school trends! For the best looks you don't have to go far. For *girls*, it's Limited, Too and Hollister Co., and for *boys*, it's Old Navy and Tilly's. Here are some things you might want to stock up on at each shop.

Cool Fashion for Boys

For the newest looks for boys, shop at **Tilly's** in Rolling Hills Plaza at 2645 Pacific Coast Highway in Torrance. Or, if you like to shop at **Old Navy**, go to Del Amo Mall in Torrance.

You might want to buy two pairs of dark jeans, two pairs of light jeans, four pairs of shorts, two jackets or sweaters, two long sleeve shirts, five t-shirts, and one polo shirt.

Fabulous Looks for Girls

You've got to take a look at **Hollister & Co.** in Del Amo Mall. Hollister t-shirts are always popular.

And, for all the classic looks, go to **Limited Too** in Del Amo Mall. They have everything from tops, pants, jackets, sweaters, skirts, and more.

To start school you might want this on your list: Two tank tops, two jackets or sweaters, four pairs of shorts, two long shirts, five t-shirts, one polo shirt, two pairs of dark jeans, one pair of light jeans.

Here are some favorites to pick from. Have fun shopping for back to school at Dapplegray!

*Clair D.
Fashion Editor*



It's Hot, Your Pet is Not!

Take care of your pet in hot weather

When it comes to keeping your pet cool in the heat, be prepared. During the summer months it is best to take some extra steps to keep your pet comfortable. It is important for their health and comfort.

Cool at Home

At home, find the few places where your pet likes to lie-down and relax. Make sure they are shaded and cool. If your pet hogs the air conditioning or fan, you know your pet's spot to lie down is too hot. Try putting a small fan by

his area. If he has a bed or pillow in his spot it is best not to move it especially if your dog is possessive about his bed! Most likely your problem will be solved.

Hot Wheels

When out and about with your pet, heat is once again an issue. It can heat up quite a bit in the car, so it is best to roll down a window. It is illegal to leave your animals and children in the car alone when it is hot so don't plan on making any stops on the way to or from your destination.

Water Your Dog

In the car or on the move, fresh water is a must. Keep it inside, outside or where ever you may go! Change the water at least three times a day to have fresh and cold water all the time. Most pets enjoy cold water, and it's not a bad idea to put a few ice cubes in their water dish.

Have fun with your pet and remember, a healthy pet is a happy pet!!

*Tina R.
Pet Care Editor*

It's Fresh and Easy

The new Fresh N' Easy market is fun, fast, and healthy

The new Fresh N' Easy market located on the corner Western Avenue and Palos Verdes Drive North opened on August 13, 2008. One exciting feature of the market is that all of the check stands are self-check out. You scan and bag your own items. Also they have special parking for hybrid cars and families with young children. For families on the go, they have a selection of

prepared fresh meals. They also have a variety of organic foods.

One of the disadvantages of this market is that the produce section is small and lacks variety. Also it does not have a large variety of name brand foods. The sweet section was also small, and since kids love sweets I think this section should be much larger.

I would recommend visiting this market. It is conveniently located and has easy access in and out of the parking lot. It is a quick stop for fresh foods and the prices are good.

Check out this market for an easy alternative to larger markets.

*Elena W.
Community Editor*



China Wins Gold with Technology

Have you been watching the Olympics? If you saw the opening ceremony on 8/8/08 you would have seen lots of new technology.

For example, some of the fireworks you saw on T.V. weren't real. They were prerecorded and computerized images produced by Crystal Digital Images Co. of Beijing. The reason was because they believed there was going to be bad visi-

bility that night which might have blocked some of the view. That is why it looked so clear on the T.V.

Another great technology was the new LZR racer bodysuit developed by Speedo that was worn by 23 world record breaking swimmers. It's made of a series of advanced composite materials which make swimmers swim faster than ever before. It uses high fre-

quency sound waves that hold the swim suit together. You wouldn't think this, but the swimming pools were all new technology. The designers used geometry and physics to shape the pool so it's wider and deeper and custom sluices to repeatedly reduce the waves made by swimmers. I wonder what the future will bring in the 2012 Olympics!

*Nathan M.
Technology Editor*



Pasta's the Star

Teen Magazine includes this Baked Penne recipe from Miley.

Ingredients

- 1 box penne pasta
- 1 pound lean ground beef or ground turkey
- 1 jar of marinara sauce
- 1 cup ricotta cheese
- 2 ½ t of garlic salt
- 1 c shredded mozzarella cheese

Instructions

Preheat the oven to 350°. Prepare penne as directed on the box. Brown meat in a saute pan and drain.

In a separate bowl, combine ½ jar of marinara sauce, ricotta cheese, and garlic salt. Stir in the meat and penne. Add the remaining sauce and cover top

with shredded mozzarella. Bake uncovered until the top is browned, approximately 35 to 45 minutes. The recipe serves 4-6 people.

This recipe from Miley Cyrus and her mom Tish is from <http://www.teenmag.com/celeb-stuff/miley-month/miley-cyrus-baked-penne>.



Picture from TeenMag.com

DAPPLEGRAY—HOME OF THE COLTS

September 2008

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <i>Labor Day</i>	2 1st day of school! <i>Minimum Day</i>	3	4	5	6
7	8	9 PTA Mtg—9am in Stadium	10 <i>Ruby's Night</i>	11 AAYF mtg for docents/ helping hands in FAST Center	12	13
14	15	16	17	18 <i>Back to school night</i>	19 <i>Minimum Day</i>	20
21	22	23	24	25	26	27
28	29	30				

October 2008

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8 <i>Ruby's Night</i>	9	10	11
12	13	14 PTA mtg—9 am in Stadium	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29 5th grade— <i>Astrocamp</i>	30 5th grade— <i>Astrocamp</i>	31 <i>Halloween Astrocamp</i>	

To submit articles (150-250 words), contact Tessa S. in Court 28 or at editor@dapplegraytimes.com. Visit us at dapplegraytimes.com.