



# Dapplegray Times

DAPPLEGRAY—HOME OF THE COLTS

Volume 3, Issue 2

October 2008

## Our Local Hero—Merrill Moses

*USA Water Polo team brings home silver from the Beijing Olympics with former Peninsula High Water Polo star Merrill Moses as the Goalie with the Mostest*

*Dapplegray Times sports editors, Charlie G. and Kris K. found Merrill Moses in Europe playing professional water polo.*

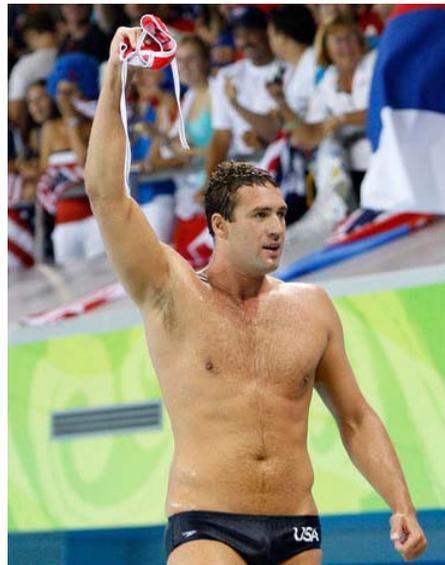
**DG TIMES:** What was your favorite water polo team that you played on before being in the Olympics?

**MERRILL MOSES:** My favorite water polo team before the Olympic team would be my National team that I played on for three and a half years before the Olympic team was announced. Everyone on that team is like my brother. We train countless hours together to have the chemistry needed to bring home a medal, and that is what happened for the first time in 20 years.

**DG TIMES:** How did you get into water polo?

**MERRILL MOSES:** I was going to play football but decided that I didn't like sweating in the

*Continued on page 3*



Merrill Moses at the Olympics

### Upcoming Events

- REFLECTIONS BEGINS ON OCTOBER 1 AND CLOSES OCTOBER 31
- STUDENT COUNCIL ELECTIONS — OCTOBER 3
- RUBY'S NIGHT—OCTOBER 8
- ASTROCAMP—OCTOBER 29-31

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Mayor Frank Zerunyan with DG Times editor, Tessa S.

## Meet Our Mayor

*Dapplegray Times talks with RHE Mayor and former Dapplegray parent, Frank Zerunyan*

**DG TIMES:** Why did you decide to run for City Council?

**MAYOR ZERUNYAN:** I was on the planning commission when a member of the city council was going to retire. It was important for the City to have continuity in leadership, and when the retiring city council member said she needed someone to step up, I said I'll do it!

*Continued on page 12*

# DAPPLEGRAY TIMES

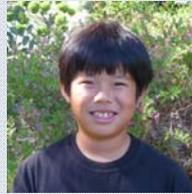
## 2008-09 EDITORIAL BOARD



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Rachel G.  
3<sup>rd</sup> Grade  
Reporter

## Student Council Elections — Whose Got Your Vote?

We caught up with some of the fifth grade candidates for Student Council and asked about their plans for Dapplegray.

### Presidential Candidates

Student body presidential candidate, **Hope S.**, will work on raising money for our school to make it more fun, and she'll raise money for the literacy center.

**Kevin D.** said that he will bring in more fundraisers to help the school.

**Ryan H.** said that he wants more crazy hat days.

**Cole M.** said he'd bring in Dip-n-Dots, Dodgers vs. Angels Day, Super

Bowl Day, a Karaoke Contest, and Spelling Bee.

### Vice President Candidates

**Nick L.** is running for student body vice president. His plan is to put in more sports, add a Twin Day, and have more Jamba Juice and Coldstone Creamery days.

**Alexis G.** would like to help with school fundraisers and do whatever is needed to help out the school.



Hope S.

**Raelynn H.** said she would try to help with school fundraisers if elected vice president and put on other fun activities. She'll try to raise money for lunch activities like tennis.



Ryan H., Joshua H. & Nick L.

**Joshua H.** would put together more fundraisers (using his dad's sno cone and cotton candy machine) to help raise money for more textbooks and bigger classrooms.

Remember to vote for 4th Grade Treasurer and 3rd Grade Secretary on October 3rd!

*Reporting by Clair D.,  
Josie J., Kris K.,  
and Francesca L.*



Alexis G. & Raelynn H.

## Merrill Moses *continued from page 1*

summer sun. I happened to hear some whistles at the nearby water polo practice and wandered over to see what was going on and the rest is history.

**DG TIMES:** What is your favorite part of the sport?

**MERRILL MOSES:** Six on five defense. That is where we are a man down. The reason why this is my favorite part of the game is because it feels great to stop a team when the other team is a man up; it deflates them.

**DG TIMES:** What is the hardest part of playing water polo and goalie?

**MERRILL MOSES:** Six on five defense is the hardest part of the game. We all have to be on the same page and take our responsibilities in order to stop

a team that has a man advantage.

**DG TIMES:** What is the hardest team you ever played against?

**MERRILL MOSES:** The hardest team I have played is Hungary. They have been playing together for three Olympics now, and it is their national sport. They have great chemistry.

**DG TIMES:** What was the most exciting moment during a water polo game?

**MERRILL MOSES:** There are tons of exciting moments during a water polo game. For me, it would be a shootout or blocking a penalty shot.

**DG TIMES:** Did you play other sports as a kid?

**MERRILL MOSES:** I played soccer, football, baseball, volleyball and water polo.

**DG TIMES:** Do you have any rituals that you go through before a game?

**MERRILL MOSES:** Before games, I listen to Rage Against the Machine or Techno and Stretch.

**DG TIMES:** What advice could you give to future water polo players?

**MERRILL MOSES:** For all future water polo players, the best advice that I can give you is to tell you to listen to your coach and pay attention to details; it is the little things that will make you better.

*Kris K. and Charlie G.  
Co-Sports Editors*



Merrill Moses



Ms. Stacy Dunn

## Ms. Dunn is Number One!

*Dapplegray Times reporter, Rachel G., talks to third grade teacher, Stacy Dunn.*

**DG TIMES:** Ms. Dunn, most of us know that you taught fifth grade here at Dapplegray last year. Why did you decide to teach the third grade?

**MS. DUNN:** I loved teaching fifth grade. Fifth grade students are fun to work with, and I really enjoyed the curriculum at that level. Everyday was jam packed with new and interesting things. However, I made the decision to leave fifth grade after teaching at that grade level for 10 years, because I was ready for a new challenge. I enjoy trying new things, so I decided it was time to move to a different grade level. When I found out that there were teachers leaving the third grade team, I asked Mr. London if I could make the change and lucky for me, he agreed.

**DG TIMES:** How old were you when you decided you wanted to be a school teacher?

**MS. DUNN:** I actually didn't decide I wanted to be a teacher until I was about 21 years old. I knew all my life that whatever career I chose, it would be one that allowed me to work with children. I wanted to be a child psychologist or a pediatrician when I started college. However, after two years working toward a premed degree, I decided that I really wanted to give teaching a try. So, that's what I did, and what I've been doing ever since.

**DG TIMES:** What do you like best about teaching?

**MS. DUNN:** The thing I like best about teaching is the students. I love working with them and getting to know them. They are the reason I enjoy coming to school every day.

Each day is unique and full of different challenges. Teaching is the first job I've ever had where I am begging for more time at the end of the day rather than checking my watch for how long it will be before I get to go home.

**DG TIMES:** What is the hardest thing about being a teacher?

**MS. DUNN:** The hardest thing about being a teacher is trying to fit everything I am supposed to be teaching into the amount of time I am given.

**DG TIMES:** What are your favorite hobbies?

**MS. DUNN:** Some of the hobbies I enjoy are reading, art, scrap booking, and photography. I also like to travel when I can find the time. I hope to visit Europe soon.

I also enjoy sports, especially soccer. I have coached several teams for AYSO since beginning teaching in PVPUSD but have taken a break from that for the past few years.

Now we know some more about Ms. Dunn. The students in her third grade class (that includes me!) feel lucky to have her.

*Rachel G.  
Third Grade Reporter*



## Green Kids Discovered At Dapplegray

**W**hat will happen if global warming continues?

We already see many changes on earth. The sea level is rising and some animals are already being forced to find new homes. Some plants and animals are even in danger of disappearing completely.

The sea level may rise so much that people have to move away from the coast. And some cities may even disappear under the water!

What can we do about Global warming? There are

some simple things that we kids can do to help:

1. Turn off your lights and electronic items such as TVs and computers when you are not using them.
2. Ask parents to unplug chargers when not in use.
3. Turn off the faucet when you brush your teeth.
4. Take shorter showers.
5. Don't take unnecessary items when you eat at a fast food restaurant (You don't need extra ketchups or napkins. Take only what you need).
6. Ask your parents to turn off the engine when they are waiting in the pick up line at school.
7. Reduce waste! Take a lunch box instead of using brown bags.
8. Recycle! Take a few seconds to separate your trash.
9. Spread the word!

If we all work together we can make difference for the future.

*Kai K.  
Green Reporter*

### Lego Master Builder Gary McIntire

Careers Editor Austin D. interviews the man with the dream job—Gary McIntire, Master Model Builder at Legoland in Carlsbad.

**DG TIMES:** Did you play with Legos when you were a kid?

**GARY MCINTIRE:** I was given my first LEGO set when I was four years old. It was called the "Uranium Search Vehicle" (<http://guide.lugnet.com/set/6928>)

**DG TIMES:** Why did you decide to become a Lego Builder?

**GARY MCINTIRE:** As I grew up and became an adult, I never stopped loving LEGO, so when the opportunity came for me to play with LEGO and get paid for it while working at LEGOLAND California, I jumped at it!

**DG TIMES:** What do you like best about being a Lego Builder?

**GARY MCINTIRE:** I love it when I get to see one of my ideas come to life by building

it out of LEGO and then seeing the reaction from Park guests when they see it.

**DG TIMES:** What do you like least about being a Lego Builder?

**GARY MCINTIRE:** Sometimes, after a long day of building, my fingers really hurt from pressing down on all those LEGO pieces!

**DG TIMES:** If someone is interested in becoming a Lego Builder, what do you have to do?

**GARY MCINTIRE:** Keep playing with LEGO and practice building to improve your skills as a model builder. Also, studying math, art and design are important if you're going to be a Master Model Builder.

**DG TIMES:** What is your title?

**GARY MCINTIRE:** I am a Master Model Builder at the LEGOLAND California Resort.

**DG TIMES:** Do you make good money?



Gary McIntire with a bouquet he designed out of Legos. The bouquet was given by Legoland to Sheraton Carlsbad.

**GARY MCINTIRE:** I make enough money to live comfortably but I really have this job because I love the work I do, and that's worth a lot!

**DG TIMES:** What do you want to accomplish in the next 10 years?

**GARY MCINTIRE:** I want to start a family with my wife and begin raising the next generation of LEGO model builders!

You can see more of Gary's work at <http://www.flickr.com/photos/garymc/sets/72157606434036839/>. To quote Gary McIntire, "Build on!"

Austin D.  
Careers Editor

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### Troop 544 Paints a Mural for Dapplegray

Troop 544 brightened up the pickup zone by kindergarten ramp by painting a mural. As soon as the idea came up, Troop 544 was on it right away and started construction. This mural was to show all the great things that Dapplegray was doing to go green and to describe all the kids at Dapplegray.

Kelly K., Meghan S., and Collette J. painted the stems to

the flowers while the rest of the troop painted the flowers.

On one side of the wall it will show the outdoors and on the other side it will show a bunch of stuff about going green, such as the recycling sign and other ways that you can go green and help the environment.

Hopefully when this mural is done everyone will notice it and start helping the environ-



ment more. Thank you to troop 544 for painting the mural. When it is all done you should check it out.

Josie J.  
Art Editor



### A Spooktacular Halloween

**H**alloween is almost here. Are you ready to see all the scary costumes? Well put your mask on and get ready for the biggest, scariest Halloween EVER!

#### Knott's Scary Farm

There are many local activities to enjoy during Halloween. You can go to Knott's Scary Farm. It is the park's 36<sup>th</sup> annual event. This event runs from September 25<sup>th</sup> until November 1<sup>st</sup>.

#### Wilson Park

A second activity is the Halloween Carnival at Wilson

Park in Torrance, which includes a costume parade, carnival booths and other entertainment.

#### Soleado Elementary School

If you really want to get scared, you should check out the spooky haunted event at Soleado Elementary School, which is Sunday, October 26<sup>th</sup>, from 1 to 5 pm. There is a haunted house, games, prizes and food.

#### Other Halloween Fun

The Promenade and Peninsula Center are also having fun events from 2-6:30 pm on

October 31<sup>st</sup>. Some of the fun activities include cookie decorating, a puppet show and costume contests. Trick-or-treating at the centers will be held at 5:00pm.

#### Trick-or-Treating at Home

Finally, you can go trick-or-treating in your neighborhood. Be sure to take a parent along for safety.

I hope everybody has a great Halloween and gets very sweet treats. Trick-or-treat and Happy Halloween!

*Elena W.  
Community Editor*

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### Pumpkin Mania

*A bit of pumpkin history and a great pumpkin bread recipe*

**N**ow that October is here, we're starting to see pumpkins everywhere. Pumpkins are believed to have originated in North America. Seeds from related squash plants have been found in Mexico dating back to 5500 BC! The name "pumpkin" came from the Greek word for "large melon" which is "pepon."

Native Americans were one of the first cultures to grow pumpkins for food. They would roast long strips of pumpkin on an open fire and eat them. The pilgrims observed the Native Americans use of pumpkins and started to use them in soups and stews.

The origin of pumpkin pie is thought to have occurred when the colonists sliced off the pumpkin top, removed the seeds, then filled it with milk, spices, and honey. The pumpkin was then baked in the open fire.

#### Pumpkin Bread

One of my favorite pumpkin recipes is pumpkin bread. It's great for breakfast, snack or dessert. The flavor is sweet and spicy and reminds me of fall. Here is my family's favorite recipe for pumpkin bread. Enjoy!

**Ingredients:** (for 2 9x5x3 inch loaves)

3 1/3 cups flour  
2 cups mashed pumpkin  
2 tsp. baking soda  
4 eggs – slightly beaten  
1/2 tsp. baking powder  
2 2/3 cups sugar  
1 1/2 tsp. salt  
2/3 cup whole milk  
1 1/2 tsp. cinnamon  
1/2 tsp. nutmeg  
1/2 tsp. ground cloves  
2/3 cups vegetable oil

**Instructions:** Preheat oven to 350. Grease and flour two 9x5x3 inch loaf pans. Com-

bine flour, baking soda, baking powder, salt, cinnamon, nutmeg, and cloves, and stir and toss them together with a fork or whisk.

In a large bowl, combine the oil, pumpkin, eggs, sugar, and milk. Add the combined dry ingredients to the wet ingredients and stir with a large wooden spoon until combined and no dry lumps of flour appear.

Divide batter equally between the prepared pans. At this point, you may top batter with a dusting of cinnamon sugar, if you want the pumpkin bread to have a crispy top.

Bake for about 1 hour or until a skewer inserted into the center of each loaf comes out clean. Remove from oven and let cool for 5 minutes before removing from pans onto a rack.

*Peter G.  
Food Editor*

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### USC Sports is More Than Football

*USC athletes bring home 21 medals from the Beijing Olympics*

When most people think of USC's strong sports they think of football. But most people don't know that the Trojans are a powerhouse in the Olympics. In the recent Olympics in Beijing, USC won 21 medals—9 gold, 10 silver, and 2 bronze. If they had competed as a country, they would have placed 13th in overall medals, and tied for eighth in golds.

The University has sent more athletes to the Olympic Games than any other school. Since 1904, when the Trojans first began competing in the Olym-

pics, they have collected 257 medals (121 gold, 76 silver, and 60 bronze.) They have won more medals than most countries in the world. Fight On!

#### USC Football

When I started this article, I was planning to talk about USC's great football record. They were ranked #1 in the nation when they beat fifth ranked Ohio Sate Buckeyes on September 13.

But all that changed on September 25 when two speedy 5'7" players from Oregon State

brought USC to its knees. Even though this was not a win for the Trojans, it turned into a win for the "little guys." Don't let anyone tell you that you are too short or too small to succeed at a sport. The Rodgers brothers from Oregon State, both under five feet seven inches tall, proved them wrong.

In the meantime, let's hope that the Trojans can win the rest of their games, and maybe even come out on top. Fight On, SC!

*Charlie G.  
Co-Sports Editor*



Amy Rodriguez

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### Summer Adventures

Now that the new school year is underway, let's not forget the great times we had this past summer. I recently asked four Dapplegray students to share their summer adventures—Megan and Rhian S., Horace M. and Hanna A.

#### Bangers and Mash

Megan and Rhian went to England for a month. The girls made a trip to Devon and London, fabulous cities in England. The food they ate included; fish n' chips, beans on toast, cakes, sausages, roast beef, and Yorkshire pudding. Yummy!

Megan and Rhian's favorite activity was going on the London Millennium Eye. It is a HUGE ferris wheel that looks over all London. The London Eye was created to celebrate

the millennium. It is 443 feet high and takes 30 minutes to revolve on the trip around. Each capsule can fit 25 people and you can view over 25 miles.

#### Virginia Reunion

Horace went to Virginia for a week with his family. He enjoyed meeting new cousins and finding out two of his cousins were professional football players! Every night in Virginia, Horace and his family would go to his Grandma's house for fried chicken. And by the end of the trip, no one wanted to eat fried chicken again!

Horace is quite a football player himself, maybe one day he will play in the Pros just like his cousins!

#### Aloha Hawaii

Hanna A. went to Hawaii with her Mom and brother. She stayed in Kona, on the Big Island.

On the hot Hawaiian days, Hanna enjoyed stand up paddling, which is a fun water sport that is easier than surfing. Stand up paddling seems to be the new fad at the beach. Afterwards, she liked eating sushi, mango and papaya

As you can tell, all four Dapplegray Colts had a great time over the summer. I would love to go to all those fun places. I'm sure you would enjoy it too!

*Hope S.  
Features Editor*



## ARE Point of View

By Alexa M., Robert J., and Eddie J.

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Dear ARE,  
One boy really bugs me. When he has tantrums, he's not much fun to play with. How do I tell him in a nice way to quit his tantrums.  
From,  
*Bugged*

Dear Bugged,  
It doesn't bug us. It's kind of funny. If it bothers you, just don't play with him when he has a tantrum.  
From,  
*Robert and Eddie*

Dear Bugged,  
Try to hang out with someone else. Tell him if he does it again, you won't hang out with him anymore.  
From,  
*Alexa*

Dear ARE,  
Sometimes I get really bored after school if I finished my homework and my friends

aren't at home. My mom won't let me watch TV, and playing with my little sister is really boring. Do you know ways to have fun after school without your friends?  
From,  
*Really Bored*

Dear Really Bored,  
Why not try joining a sports team or doing enrichment classes after school.  
From,  
*Alexa*

Dear Really Bored,  
Join a school activity or call another friend. If one of us is gone and only our sister is home, we'll still play with her even though she beats us up.  
From,  
*Eddie and Robert*

Dear ARE,  
I try to wear cute clothes to school. They always end up with my lunch on it. I'm

pretty clumsy. I put a napkin on my lap, and it falls off. Food seems to always be falling on me. Sometimes people laugh at me because of the mess or the embarrassing food stains. What should I do?  
From,  
*Clumsy*

Dear Clumsy,  
Who cares? If you really care, don't wear a white shirt. Wear a black shirt and then no will see the stains.  
From,  
*Robert and Eddie*

Dear Clumsy,  
Try not wearing very nice clothes when you are eating something that stains. If you are that clumsy, try wearing an apron; you could even design it.  
From,  
*Alexa*

Submit questions to [adviceeditors@dapplegraytimes.com](mailto:adviceeditors@dapplegraytimes.com).

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## Come Back Universe!

Astronomers have found a sideways shift in the universe toward an unknown gravity force. What's being called "dark flow" appears to be pulling galaxies toward a patch of sky between the constellations of Centaurus and Vela.

"It does fly into the face of everything we know," said astronomer Dave Kocevski, one of the authors who first introduced the article in the September issue of *Astrophysical Journal Letters*.

The dark flow was found by studying clusters of galaxies

which were lit up by hot, x-ray emitting gases.

Scientists decided to try an experiment using the Sunyaev-Zel'dovich effect. Scientists found that the galaxies had been moving for five billion light years. Not only are some galaxies moving, the whole universe is! But what could cause such a powerful tug? Kocevski suggests it's the inflationary theory.

### Inflationary Theory

The inflationary theory suggests that after the Big Bang,

there was a period of hyper-expansion explaining why mass isn't just in one area of the universe.

This theory suggests that one area of the universe stayed clumpier than the rest. That clump is making a strong gravitational pull, pulling the whole universe into it.

This theory is controversial, but it's the most reasonable explanation for the calculations.

*Sianna B.*  
*Science Editor*

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### Chatsworth Train Crash

*New technology and new rules for railroad safety*

**H**ey Dapplegray Colts. Did you hear about the Metrolink crash? Twenty-five people were killed. It was a very sad moment.

The National Transportation Safety Board found that the engineer was text messaging on his cell phone just before the crash happened. He ran a red light and crashed into a freight train..

Well, a new Bill was recently passed by the House of Representatives and the Senate called "Railroad Safety Improvement Bill."

#### **Railroad Safety**

The Railroad Safety Improvement Bill says that Posi-

tive Train Control (PTC) technology will be in full use by the year 2015. The PTC program will install the latest technological improvements to all rail systems which will make things super extra safe.

The bill guarantees train drivers a 12-hour work period with a minimum 10-hour rest period. It also requires a federal study and regulation of cell phone and other electronics which may distract the driver.

Another requirement is that safety programs are to be taught on how to prevent death



and injuries while on a train. The Bill also creates a National Transportation System Board to assist families of victims of rail disasters.

Hopefully these new improvement will prevent any more bad crashes in the future

*Nathan M.  
Technology Editor*



### Fearful Foods for your Furry Friends

**T**here are many cats and dogs that are fed foods that may be harmful to them and their owners may not even know. It's good to note what foods can and can't be eaten by your pets. Most people are aware that chocolate is bad for dogs but few know that it is also bad for cats too. Part of the reason I picked this topic is because I wanted to educate people that may be accidentally hurting their pets.

#### **Dastardly Dog Foods**

Foods that you should not feed a dog include:

- Chocolate (semi-sweet and dark are the most toxic)
- Alcohol
- Grapes (raisins too)
- Onions/garlic
- Macadamia nuts
- Tobacco

- Avocados
- Christmas plants (poinsettia, holly, etc.)
- Raw egg whites
- Rhubarb
- Cherries
- Mushrooms
- Potato peelings
- Yeast dough
- Pear/apple seeds
- Moldy/spoiled food

#### **Catastrophic Cat Nibbles**

Don't let your cat eat these:

- Cherries
- Onions
- Baking soda/baking powder
- Large amounts of dog food
- Raw fish
- Milk and dairy (most cats are lactose intolerant)
- Nutmeg
- Alcohol
- Yeast dough
- Tobacco

- Fatty foods
- Peach pits and leaves
- Avocados, mushrooms
- Coffee, tea (other caffeine)
- Chocolate
- Grapes (raisins)

#### **Healthy and Happy**

As you can see many foods can harm your animals. It isn't always human food either. Several pet foods may cause bad gas and other unhealthy conditions. If you notice this you may consider changing your pet's food.

Some of the healthiest foods to feed your pet include Iams, Eukanuba, Science Diet, and Nutra Nuggets. I hope these tips help to keep your pet safe. And remember, a healthy pet is a happy pet!

*Tina R.  
Pet Care Editor*





## Music Review

### Demi Lovato on the Rise

*Could this be the next Miley Cyrus... ? Only time will tell . . .*

**D**emi Lovato has a CD that came out on September 23, 2008. This is her first album release. The name of the CD is titled "Don't Forget". Her current hit song is called "Get Back." Most of her songs would be considered pop music.

#### Demi's Background

Demi Lovato's real name is Demetria Devonne Lovato.

She was born in Dallas, Texas on August 20, 1992. She has 2 sisters, one younger and one older than her.

Demi first starred in Barney and Friends and then had a role in "Prison Break." She was in a Disney Channel hit TV show called As the Bell Rings," but what got her famous lately was her role on the Disney Channel Movie "Camp Rock".

#### Demi's New Song

I like her new song "Get Back" because it is an energetic and fun song to dance to.

Demi Lovato's CD would be mostly for girls and some boys, ages 7 and up. You could find her CD as low as \$9.99 at some places. Go out and get it!!!! I am!!

*Gabriela M.  
Music Editor*



## Fashion Tips

### How to Keep in Style

**N**ow that were a little bit into the school year, here are some tips on how to look the best.

#### What Not to Wear

- Don't wear the same solid colors in a layered outfit

- Don't wear the same patterns together.
- Don't wear best clothes to school (you stand out and everyone looks).
- For girls, don't wear pony-tails unless you are playing sports.

- Only wear funky clothes if you are in a group. ( Two or more.)

Hope these tips helped you out!

*Clair D. and  
Rachel C.*



## Exercise to be Healthy

**E**veryone needs physical activity in his or her life to stay healthy. Exercise builds strength, coordination, and confidence. Sixty minutes or more of physical activity a day is what a kid our age needs. The exercise you get at school counts, but make sure you continue being active at home.

#### Warm-Up

To prevent injury, you must

warm-up before exercising. Five minutes of light exercise, such as jumping jacks, lunges, push-ups, and sit-ups will help warm-up your muscles.

#### Exercise That You Like

Team sports like soccer, baseball, football, volleyball, and swimming are great. But if you don't like team sports, try karate, dancing, skateboarding, swimming, bicy-

cling, or tennis. Those are just a few of the sports you can do by yourself.

#### Keep Hydrated

Remember not to overdo it, and always drink water when you are exercising.

Burning calories through physical activity will help you stay healthy and fit.

*Rachel C.  
and Clair D.*

### Book Review

## The Mixed Up Files of Mrs. Basil E. Frankweiler

**T**he *Mixed Up Files of Mrs. Basil E. Frankweiler* by E. L. Konigsburg is an entertaining and phenomenal book. The story is about two children, Claudia and Jamie Kincaid, who run away to the Metropolitan Museum of Art in New York City.

Claudia loves her world to be neat, organized, and loves the life of luxury. She decides to sleep in a fancy bed once

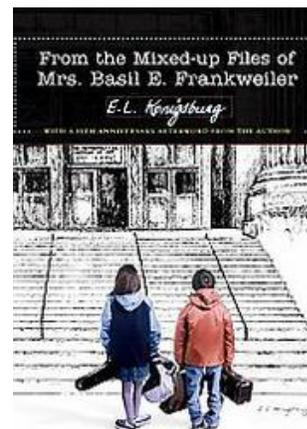
owned by Marie Antoinette! On the other hand, her brother, Jamie, is a cheapskate and messy. He never allows his sister to take a taxi in New York City and makes her walk all over town!

Claudia and Jamie survive by eating in the Metropolitan Museum of Art's food court and bathing in the central fountain. Claudia and Jamie discover a marvelous statue at

the museum and decide to go to the New York Public Library to research its unknown maker. The statue was once owned by Mrs. Basil E. Frankweiler, and she helps the two children solve the mystery.

Once you finish this book you will want to read it again and again! Happy reading!!

*Meghan M.  
Book Review Editor*



### Movie Review

## Bolt to the Movies!

**C**oming to a theater near you is *Bolt*, the movie (PG).

### The Story

The dog Bolt is the biggest movie star in Hollywood. He is going to start in the next big movie as a superhero dog. Among his super powers, he has a super bark, can run fast, and can jump high.

In the movie, he has to pro-

tect his owner Penny from the villains who captured Penny's dad. He thinks it's all real.

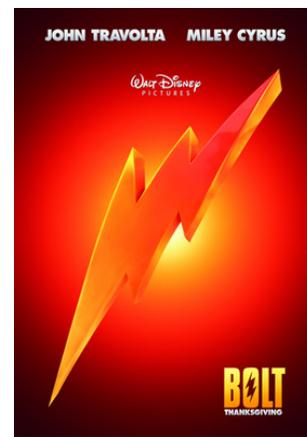
When the director yells, "Cut!", Bolt runs out of the studio and into the streets to look for Penny. Bolt meets a lot of new friends along the way. They want to help Bolt save Penny from the villain's evil clutches. While Bolt is worrying about Penny, Penny is busy worrying about Bolt.

### Stay Tuned

Will Bolt find Penny or will he stay lost forever? Find out when it comes to theaters near you on November 21, 2008. Don't miss this exciting new adventure of Bolt and all his friends.

Miley Cyrus is the voice of Penny, and John Travolta as Bolt.

*Francesca L.  
Entertainment Editor*



### Restaurant Review

## Soho is So Good

**T**his month's review is Soho Thai Fusion Bar and Grill. It is a mixture between lots of food including Japanese, Italian and Chinese, but it is mostly Thai. The menu has 111 dishes to choose from. The restaurant is three miles away from Dapplegray and is located at 2104 Pacific Coast Highway in Lomita. This phone number is 310-530-7646.

Soho Thai Fusion Bar and Grill is a welcoming place with high ceilings and Asian artwork. I enjoy the fried wontons, pineapple fried rice, pot stickers, and beef with broccoli. The waitresses are friendly and have good suggestions. I would recommend Soho Thai Fusion to everyone because they have great food, comfortable seating and you

can get in and out fast. They have a nice website which lists their menu and if you call, they can deliver to your house.

*Matthew P.  
Restaurant Review Editor*

Soho Thai Fusion Bar & Grill  
2104 Pacific Coast Highway  
Lomita, CA 90717  
(310) 530-7646  
[www.sohothai.com](http://www.sohothai.com)



# Dapplegray Times

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## WOW! It's Time to Reflect on Reflections!



It's time to brush the dust off your crayons and paintbrushes, polish your camera lens, put pen to paper, or think up the next great symphony. Yes, it's time for the PTA's Reflection contest.

"This year the theme is WOW," said Mrs. Takahashi, who is the PTA mom in charge of the Reflections program at Dapplegray. The Reflection Program begins October 1st,

and the deadline is October 31st.

### Categories

The categories are Visual Arts, Photography, Film/Video Production, Dance Choreography, Literature and Music Composition. There are requirements on how the work is submitted, so check out the rules and entry form on Dapplegray's Edline page.

### Why did Reflections Start?

"I don't know why the Reflection Program started," said Mrs. Takahashi. "But it is a National PTA Program with the belief that students who participate in the arts do better in school and the program gives students an opportunity to receive recognition for their artistic endeavors."

*Tessa S. and  
Josie J.*



Mayor Frank Zerunyan

## RHE Mayor Frank Zerunyan *continued from page 1*

**DG TIMES:** What do you like about being mayor?

**MAYOR ZERUNYAN:** First, I love being a council member. The mayorship rotates among all the city council members, so we each serve as mayor every five years. The mayor acts in a ceremonial capacity representing the City of Rolling Hills Estates, and it's my pleasure to represent you, your family, the members of the council, and the eight thousand residents of our community. It's a lot of fun to represent a community like ours.

**DG TIMES:** What do you want to accomplish as mayor?

**MAYOR ZERUNYAN:** There are a lot of things we want to accomplish as council members this year. One is our environmental stewardship, and we have tried make the City more environmentally friendly. Another goal is to make the Deep Valley Area become more pedestrian-friendly.

**DG TIMES:** What is the biggest issue for Palos Verdes?

**MAYOR ZERUNYAN:** Our challenge is to provide for the quality of life of our citizens. The population will increase over time, so we need to plan for population increases. Our priorities are public safety, open space, character of our community, and keeping it all in balance to preserve our quality of life.

**DG TIMES:** What do you think will be the major changes in Rolling Hills Estates in the next 10 years?

**MAYOR ZERUNYAN:** Hopefully, the City will become more pedestrian-friendly and more environmentally-friendly. We hope that the more inefficient buildings in our City will be renewed and that we'll develop more park space, more community space, expand the library and teen center, and plan other developments that serve the needs of future generations. We want to make sure that you want to stay here when you grow up!

**DG TIMES:** What is an inter-

esting fact about Rolling Hills Estates that people might not know?

**MAYOR ZERUNYAN:** Our city has a front and back. In other cities, all you see is the front of a house. In our community, we have the opportunity to go on a trail and see the back of the house, too. Another special feature of our community is that we have 35 miles of trails, which combined with all of the Palos Verdes Peninsula amounts to about 100 miles of trails. If you have not walked our trails, you and others should do so and see the back of our city!

Thanks to the Mayor for meeting with the Dapplegray Times. Mayor Zerunyan is President of the California Contract Cities Association and serves on many boards, as well as running his own business. Mayor Zerunyan's children, Daniel and Nicole, both attended Dapplegray, and he's been active in sports leagues in Palos Verdes for many years.

*Tessa S.  
Editor-in-Chief*

**PTA**  
Parents Teachers Association

# Celebrate your talents

Do you **express** your creativity through dance, music, story, or poetry?  
Do you **dream** of having your drawings displayed in a special exhibit?  
Do you **enjoy** taking photographs or videotaping your friends?

## Participate in PTA's Reflections Program.

Join thousands of other students as they create entries  
based on the 2008-2009 theme, "Wow!"

Think about the theme. Then select a category:

- ◆ Film Production ◆ Dance Choreography
- ◆ Musical Composition ◆ Photography
- ◆ Visual Arts ◆ Literature

Put on your dancing shoes, grab a camera, or pick up  
a pen or paintbrush and create! It'll be fun!

Check out what other kids did last year.  
Visit the Reflections Program gallery online  
at [www.pta.org](http://www.pta.org).

Suggested for preschool through 5th grade

**DAPPLEGRAY—HOME OF THE COLTS**

## October 2008

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Reflections starts	2	3	4
5	6	7	8 Ruby's Night	9	10	11
12	13	14 PTA mtg—9 am in Stadium	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29 5th grade—Astrocamp	30 5th grade—Astrocamp	31 Astrocamp Reflections due	

## November 2008

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10 No school Veterans Day	11 No school Veterans Day	12 PTA-9 am Ruby's Night	13 Regional EQ drill	14	15
16	17	18 Lazy W	19 Lazy W	20 Lazy W	21	22
23	24	25	26 Min Day	27 No school	28 No school	29
	30					

To submit articles (150-250 words), contact the Editor-in-Chief in Court 28 or at [editor@dapplegraytimes.com](mailto:editor@dapplegraytimes.com). Visit us at [dapplegraytimes.com](http://dapplegraytimes.com).