



Dapplegray Times

DAPPLEGRAY—HOME OF THE COLTS

Volume 3, Issue 8

April/May 2009

Lucy's Liver Life Crusade

Dapplegray Times editor, Tessa Southwell, talks with second grade teacher, Mrs. Christian Scherba, about her daughter Lucy's role as the Liver Walk Save-the-Date girl.

DG Times: When did you find out that Lucy had a liver problem?

Mrs. Scherba: We found out Lucy was sick at her two-month old check up. The doctor noticed that her skin and the whites of her eyes were very yellow, which is a big clue to a liver problem. She immediately sent us to Children's Hospital Los Angeles, where after three days of tests, she was diagnosed with Biliary Atresia.

DG Times: What did you discover about liver disease that you didn't know before Lucy's problem?

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Lucy and her brother Luke

Can You Dig It?

Last month the 4th grade participated in the 9th annual archaeological dig. This was a really fun event for all. Lots of volunteers went in to making this possible. Thanks to all of you.

For three days, the 4th graders performed jobs such as washer, screener, digger, and mapper. We each used garden gloves and a trowel as we worked at the dig site. We found all kinds of artifacts from many time periods such as the Mission era. Some of the highlights were finding almost the entire skeleton of a cow, a message in a bottle, abalone shells, and remnants of pottery, just to name a few. All the kids got very dirty, hot, and worked hard. However, we loved every minute of it.



Dominic M. sifting for artifacts

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Upcoming Events

- MAY 2—DG FUNDRAISER
- MAY 2—PEF MAIN EVENT
- MAY 21—WRITERS' WORKSHOP
- MAY 25—NO SCHOOL
- MAY 30—DG CAMPOUT

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DAPPLEGRAY TIMES

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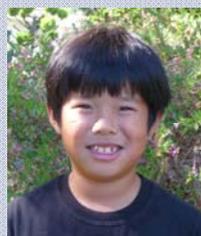
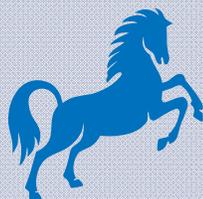
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We're Freedom Bound

It's show time!!! The fifth graders are practicing hard for the annual fifth grade play. The play is called *Freedom Bound*.

Freedom Bound is about a family who immigrates to America. The father is having trouble finding a job, and the rest of the family misses their cousins in Ireland. The play is about life in America for immigrants.

Freedom Bound has lots of music and has a

few laughs. It includes characters like Father, Mother, Maria, Katherine, Joseph, Peter, Uncle Timmy, Stephan, Nina, ven-

dors, cockroaches, soloists, immigrants, and dancers.

There are lots of fun songs like, "America's Our Home" which shows that there are many people who share one home, "Melting Pot" that says that people come from all over, and another song called "The Letter" which tells about friendship.

You can see the two fifth grade casts put this show on in June!

Tessa S.



A Short College Road Trip

On Monday, March 30th, thirty five of us who are members of PressFriends went to USC for a field trip. Twenty five of us were from Dapplegray and ten students from Miraleste Intermediate School went to sit in a journalism class. I had never seen a big college campus before, so I thought it would be fun.

I was not disappointed. We walked a long, long way from the parking lot to the class, and

we saw a fountain and some big buildings along the way. Everywhere we went, there were college students riding bicycles and walking.

The classroom was huge. It looked almost like a movie theater. I'll bet it had a hundred seats. We were matched up with buddies from the journalism class, and we sat while the dean of the journalism school introduced herself, and then the professor said a few

things. I was too excited to listen. The USC students talked to us about why they are studying journalism, and they told us to practice writing every day to get really good.

Before we left, we got a tour of that big, beautiful campus. One of the students told us about how she waits in a long line every morning with her friends for coffee. The brick buildings were really old and pretty.

My favorite thing of all was the dormitories. Did you know that if you go to a university, you can live in a dorm with your friends?

I'm definitely going to a university now, maybe to USC. If you get a chance, you should take a tour of a big university. It will make you want to have good grades.

*Rachel G.
Colt Editor*





Peep 'N Peepers invented
by John Martinez

John Martinez—Video Producer, Writer, and Inventor

The Dapplegray Times careers editor, Austin D., interviewed John Martinez, creative director/partner of M-Designs Productions and MONDO Productions – and Dapplegray dad of Daniela and Johnny – to find out what it is like to be a music video producer and an inventor. Mr. Martinez has worked on music videos for Taylor Swift, Black Eyed Peas, Gwen Stefani, Destiny's Child, Mariah Carey, Martina McBride, Beyonce, and many more singers. He also invented those flashing lights you see everywhere on Halloween (peepnpeep-ers.com).

DG Times: Did you make movies/videos as a kid?

John Martinez: Yes, actually. My friend and I used to watch Bruce Lee movies and then go outside and shoot our own karate movies with an 8mm film camera.

DG Times: Why did you decide you wanted to make documentaries and videos, and then also decide to invent the blinking Halloween lights?

John Martinez: I was always curious about what happens behind the scenes when I watched TV so I decided to get a degree in Video Communications when I went to college at Southern Connecticut State University. The Halloween lights invention happened as a result of always trying to be creative. I was driving home one night and thought "how cool would it be to see eyeball peeping out of the bushes and trees during Halloween?". So I

created some models and patented my idea. Creativity can happen anywhere and can be applied to almost anything.

DG Times: What do you like best about being a producer for documentaries and music videos?

John Martinez: The best part of what I do is that it's never the same, and I meet interesting people. Not just the artists themselves, but the creative people associated with the entire production.

DG Times: What do you like best about being an inventor?

John Martinez: It's an amazing feeling to know that you've created something that people like and are willing to buy.



DG Times: What do you like least about your jobs?

John Martinez: What I like least are the long travel trips I have to take. Sometimes I go to multiple countries and don't see my family for up to three weeks. We video chat everyday so that helps a little..

DG Times: Do you get excited when you see your ads/videos on TV or when someone is using your lighting?

John Martinez: Absolutely. I take pride in what I produce and I'm always happy when the client is happy.

DG Times: If someone is interested in making films or videos what kind of education do you need?

John Martinez: I think writing is essential. It's one thing to have a brilliant idea, but if you can communicate it clearly, your chances of making it happen will greatly improve. Whether you're interested in inventions or video production, good writing skills will help you succeed. After that, you need to get your hands on video equipment to understand how everything works. There are many good film and video schools here in LA...probably the best in the world.

DG Times: Do you make good money?

John Martinez: Yes, but the money is not as important as liking what you do, and I love what I do.

DG Times: What do you wish to accomplish in the next 10 years?

John Martinez: I like working with music artists, so I hope to do more with music videos and concerts.

DG Times: What are some of the movies, documentaries, and music videos you've made?

Continued on page 5

Jim Abbott Baseball Legend

Recently, the Fifth Grade students did a project called "Character Walk." Each student gave a talk about someone they admired, and who has made a difference in the world. Co-Sports Editor and Rolling Hills Little League player, Charlie G., chose Jim Abbott as his character. After Character Walk, he wanted to find out more about him.

Due to a birth defect, Jim Abbott was born without his right hand. But that didn't stop him from realizing his dream of becoming a Major League baseball pitcher. Jim played for 10 seasons, ending his career with the Los Angeles Angels. Today he is a motivational speaker and spoke to the *Dapplegray Times*.

DG Times: When you were young, what did you want to be when you grew up?

Jim Abbott: I wanted to be a baseball player or somebody who was involved in pro sports in some capacity.

DG Times: How and why did you choose to play baseball?

Jim Abbott: I could always throw things well, so baseball called to me. To be honest, though, it was just the sport I was best at.

DG Times: As a pitcher, how did you field balls coming at you?

Jim Abbott: I wore a right-handed fielder's glove at the end of my right arm. While completing my follow-through after delivering a pitch, I rapidly switched the glove to my left hand, to handle any balls hit back to me.



DG Times: How did you master the difficult act of switching your glove from one hand to the other?

Jim Abbott: I spend hours as a youngster throwing a ball against a wall to field it. This really helped increase my speed in switching the glove off and on.

DG Times: What is your favorite memory from your baseball experience?

Jim Abbott: I have two favorite memories, winning an Olympic Gold Medal, and also pitching a no hitter for the New York Yankees.

DG Times: You played quarterback in high school?

Jim Abbott: Yes, I loved playing. We had a very good lineup, but, unfortunately, we lost in the state semi-finals when I tossed 6 interceptions.

DG Times: When you were growing up, how did you overcome playing with the birth defect of having only one hand?

Jim Abbott: I had the great benefit of being surrounded by people who encouraged me to see what could be possible. Beyond that, I loved sports, and baseball in particular. I just played as much as I possibly could.

DG Times: What is your advice to others?

Jim Abbott: Find something you love, and go after it, with all of your heart!

*Charlie G.
Co-Sports Editor*

John Martinez

Continued from page 4

John Martinez: I've been a screen producer for many TV shows and concerts so you may have seen my videos playing on the stage screens at the 49th Annual Grammy Awards, 2008 BET Music

Awards, and Hip Hop Awards. I'm currently working with Taylor Swift on her concert videos so if you see her upcoming concert, you will see my work. I created all of the videos you'll see onstage and on her

screens. We've done some really cool things with her show, but I can't tell you about it yet; it's a surprise for the audience.

*Austin D.
Careers Editor*





Relay for Life

The American Cancer Society's annual walk for cancer research

Many of you may have family members that have had cancer. One in three Americans will have cancer in their lifetimes. The American Cancer Society sponsors a fundraiser each year called the "Relay for Life". This year is the 25th anniversary of this event. This fundraiser is to remember people who have fought cancer. Teams of people camp out at local high

schools, parks, or fairground and participate in a 24 hour relay. People take turns running around a track or path. A member of each team must be on the track at all times during the relay. The money goes to cancer research, education, advocacy, and service.

The local "relay for life" events are going to be held at Wilson Park in Torrance on April 25-26th and at Peninsula

High School on June 20-21st. To get involved in the relay you can participate on a relay team, you can be a relay volunteer, and you can donate money. For more information you can visit www.cancer.org or relayforlife.org.

If you have a loved one that is suffering from cancer, join this program to help them.

*Elena W.
Community Editor*



Earth Hour 2009

Every minute of conservation helps!

Did you participate in Earth Hour 2009 by turning your lights off on March 28? Well, our country did a pretty good job. The US was the one of the 88 countries that participated in Earth Hour.

Many people of United States sent a clear message to say that we care about the future of our planet and we will unite against the threat of climate change.

Energy Savers

Here are some of the many landmarks that participated in Earth Hour:

- The Chrysler Building and the Empire State Building in New York;
- The UN Headquarters;
- The Golden Gate Bridge in San Francisco;
- The St. Louis Gateway Arch;

- The Church of Latter-Day Saints Temple in Salt Lake City;
- The National Cathedral in Washington D.C.;
- The Space Needle in Seattle;
- The Santa Monica Pier & Ferris Wheel;
- The Nokia Plaza in Los Angeles;
- The Bishop Museum in Honolulu;
- The New York New York Hotel and Casino in Las Vegas (colored the top of its miniature New York skyline green);
- Planet Hollywood Resort and Casino (added the Earth Hour logo to its Marquee);

Corporate icons such as the Coca-Cola Company, Wells Fargo and

Hewlett-Packard were also among the business supporters of the event.

WWF-US President and CEO Carter Roberts said, "As the world witnesses Saturday night, the simple action of turning off lights can inspire people around the world to take action, and to make a serious long-term commitment to living more sustainable lives."

*Kai K.
Green Editor*



South Bay Card Shop

The fun stop for memorabilia and collectors' cards

Dapplegray Times editor, Matthew P., interviewed Ian Allen, who owns the South Bay Card Shop with his son Scott.

Are you interested in sports? If you are, then you should read this article. This is the coolest place, because it has memorabilia of all types from movie stars to the biggest athletes ever. Ian and Scott Allen are the owners of it.

DG Times: When did you open SBCS?

Ian Allen: Scott (his son) was 11 years old, and he would come in to the shop after school and his homework was finished. He would sort cards, help customers, and now he is Vice President. We opened the first shop in 1986.

DG Times: What is your favorite item?

Ian Allen: My favorite item are the vintage cards from 1880 - 1970, Scott's favorite would be the Michael Jordan rookie card. His room was a shrine to Michael Jordan when he was young. He also likes the Ted Williams and Joe DiMaggio cards.

DG Times: You have lots of athletes come in for signings, who was your favorite?

Ian Allen: Harmon Killebrew, a baseball player from the 500

Home Run Club. He was the nicest man ever. Stayed to sign and autograph everyone's balls and bats. He even took some of the items with him in his limo on his way to the airport and had Scott's wife go with him so she could return back to the card shop and return all the items to the fans.



Scott Allen

DG Times: How do you know the memorabilia are real?

Ian Allen: A few different ways; we work directly with athletes, and the signings. There are contracts through companies, like Upper Deck has Michael Jordan. There is PSA/DNA that employs DNA technology to certify autographs, sports memorabilia and other collectibles, providing protection against counterfeiting and forgery. This can cost between \$20 and \$200 per item. Everything in our store is certified.

DG Times: What are some of the special events you offer?

Ian Allen: We have lots of different events.

We have a drawing every other month. We refer to it as our customer appreciation. We get a chance to

thank our customers by having a raffle drawing and give away memorabilia.

We have kid's parties here. We start with a talk on card education, then hand out 10 packages of cards to the kids. There are trivia questions and raffle tickets are passed out. After the 7th package is opened we have the inning stretch. We finish with a private drawing of prizes. There is pizza and cake for the kids. We have so much fun that adults have asked to do this party for them.

We have signings where athletes come to the shop.

We also have promotions where Scott creates boxes of cards in which have a hidden special card.

DG Times: I remember in November, I purchased a box for a friend of mine, and he won the Babe Ruth slide in a card, a one of a kind card.

Ian Allen: And we have the "Incredibox" promotion for \$99. This is a good value because there are redemptions for items in the store.

Thank you to Ian Allen for the interview. This is my favorite shop, and I hope that lots of students from Dapplegray will visit it.

*Matthew P.
Third Grade Editor*

South Bay Card Shop is located at 1751 Pacific Coast Hwy, Lomita, CA 90717. (310) 530-5818.

Their website is at www.sbaycards.com and Scott's blog is at <http://sbay-cardsblog.blogspot.com/>.



Ian Allen





Stephen White

Dapplegray Times Art Editor's Artist of the Month

Steve White has always loved recording the natural world. Born in Virginia and raised in New Jersey, the artist says that from an early age he was “always looking and drawing. I was a restless adventurer.”

After a four-year period in the U.S. Air Force, Steve toured the United States and captured his surroundings in pen-and-ink, pastels, and charcoal, with the focus of his subject matter being the small towns, lakes, fields, and forests he came across. In a year and a half, his collection grew to include more than 400 drawings ranging from small sketches to full-size sheets. “My attachment to the outdoors motivates me to record scenes on paper as a way of preserv-

ing what is disappearing,” White explains. Now pursuing painting full time, most of the artist’s subjects are found near his home in rural Pennsylvania. “I have always been emotionally drawn to scenes and events where I live,” the artist says. “I don’t think you have to go farther than your own backyard to find inspiration. It could be anything from the way a shadow falls on an interesting cluster of buildings—I just know it when I see it.”

As a self taught watercolorist Steve White worked by trial and error (which meant he tried something and if it worked he used it), but he found that his background in drawing enabled him to grasp painting awfully quickly.

White, who first began working in watercolor more than 20 years ago, still finds he learns something new with each painting. For example the painting that he finished in 2004, *Relentless*. The dark river and the shadows in the forest were especially difficult to make in watercolor.

“The challenge was bringing to life to the beautiful darks,” the artist recalls. “I would experiment with many different colors.”

*Josie J.
Art Editor*



Pet Care Corner



The First Family Welcomes Bo

As some of you may have heard, President Barack Obama promised his two daughters, Sasha and Malia, a puppy, in his victory speech. Sure enough, Bo the Portuguese water dog is now the “First Dog.” On Tuesday, April 14th, the Obama girls came home to a fluffy surprise. Bo made national television later that day as the

First Family showed off their newest member of the family on the South Lawn. He seemed quite happy to have a family.

Portuguese water dogs are energetic dogs that love to jump and romp playfully. Exercise is a mandatory factor as well as training. Some AKC (American Kennel Club) officials recommend a training program. Training Bo would

make him easier to walk and more worthy of residency at the White House. After all, a star has to act like a star.

I hope Bo adjusts well and it will be exciting to see him in the future running around in the White House. Good luck to the Obamas and remember, a healthy pet is a happy pet!!

*Tina R.
Pet Care Editor*

The Latest Gadgets

New Fun Technology hits the shelves

Here are some of the latest inventions, gadgets and gizmos. I personally would like to have the Laserpod Supernova for my bedroom. My Mom wants to try out the latest grilling invention called the 8" square cedar smoking sheets, my Dad the Zpen and my brother who knows.

Laserpod Supernova

Laserpod Supernova—Space, the final frontier. It transforms your ceiling into a laser studded sky of infinite depth and variation. It costs approximately \$179.00 and is available from a number of sites online.

Zpen

The Zpen, which recently began selling in stores, has a detachable USB drive so what-

ever you write or draw you can pull it up on your computer. It's compatible with Windows 2000, Windows XP and Vista. Lastly, it can be refilled with regular ballpoint ink cartridges.



Cedar smoking Sheets

Grill Friends introduced these 8-inch square Cedar



Cedar Smoking Sheets

Smoking Sheets. The thin wood sheets are made from cedar wood and are used in a similar way as cedar planks. Like a plank, the Cedar Smoking Sheets must be soaked before use to prevent burning. The soaking also makes the sheets flexible enough to wrap around the food.

INCHworm Shoe

There is one more cool invention. The INCHworm sneaker from Fat Shoe. Using a technology called iFit the shoe can adjust to different sizes. So when you think your shoes are too small, you can make them bigger by the release of a button! The inchworms are expensive at \$104.99.

*Nathan M.
Technology Editor*



Laserpod Supernova



INCHworm Shoe

The Best Ever Buffalo Chicken Wings

When I think of chicken wings, I think of parties, sports, and video games. These chicken wings are great to eat while you're watching the Laker play-offs. Go Lakers!

Sometimes chicken wings can be too spicy or have too much sauce. These are perfect! Also, they are baked and not fried, so they are not as greasy. Have your parents help you with the broiler because it's very hot!

For the Wings

3 lbs chicken wings, split in half
¼ lb (1 stick) unsalted butter

1 teaspoon cayenne pepper
4 teaspoons of Frank's hot sauce or Tabasco
1 teaspoon salt

For the Dip

1 ½ cups crumbled blue cheese
1 cup mayonnaise
¾ cup sour cream
2 tablespoons milk
¾ tsp Worcestershire Sauce
1 ½ teaspoon salt
¾ ground black pepper

First, preheat the broiler. Then, melt the butter and add the cayenne, hot sauce, and salt. Put the wings on a sheet

pan and brush them with the melted butter. Broil them about 3 inches below the heat for 8 minutes. Turn the wings, brush again with the butter and broil for 4 more minutes or until cooked.

For the dip, place the blue cheese, mayo, sour cream, milk, Worcestershire, salt, and pepper in the bowl of food processor fitted with a steel blade. Process until smooth. Serve hot or at room temperature with the blue cheese dip and celery sticks.

*Peter G.
Food Editor*





Music Review

Metallica

After over the past 25 years of being together, Metallica was recently honored by being inducted into the Rock n' Roll Hall of Fame!!! So do you want to know more about Metallica, well keep reading and you'll find out!!

Metallica has definitely had their ups and downs. Like a lot of other Rock n' Roll bands, they've held themselves together because of their strong passion for music.

On September 27, 1986, Metallica lost their bassist, Cliff Burton while on tour in their tour bus in Scandi-

navia. He was one of the founding members of the group and his memory lives on through his music.

Some of the songs that Metallica has played is "The Day That Never Comes," from their latest album "Death Mag-

netic" and "One" from one of their albums 20 years ago.

Well I hope you all start listening to Metallica. Although it is hard rock music, please listen because you might like it!

Metallica is currently on tour in the United States and will be coming to Southern California in December 2009. If you're interested in seeing Metallica in person, you can go to www.ticket-master.com to buy your tickets. I know that I will!

*Gabby M.
Co-Music Editor*



Music Review

Taylor Swift



Probably most of you know who Taylor Swift is, right? Taylor is a 19-year old who enjoys singing pop country music. She writes her own songs, and they keep getting better. Her songs are very popular; even the New York Times described her as one of pop's finest songwriters.

When people ask her how she writes her songs, all she says is, "I just think about my life or the things I like." One of her biggest songs is named "Love Story". The music video is also beautiful.

The Fearless Tour

If you're a Taylor Swift fan, then you should be excited

about her new tour. It's called "The Fearless Tour," and it has already started. It runs from April 30th until October 10th, and she'll be putting on almost 60 shows.

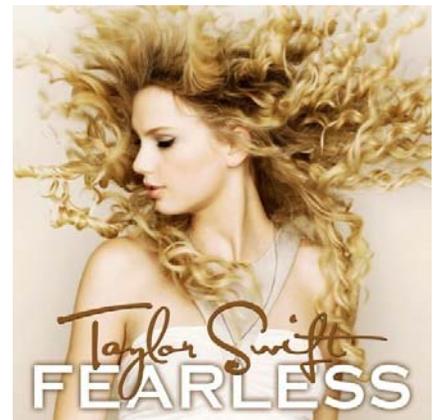
If you already have tickets, then you're lucky. Her show at the Staples Center on May 22nd sold out in minutes.

She's singing many of her wonderful songs like "Teardrops on my Guitar," "Love Song," "Tim McGraw," and much more.

This goes to show that being a good songwriter and singer can

get you very far. Maybe one day, one of our Dapplegray Colts could be an amazing singer just like her.

*Daniela M.
Co-Music Editor*



Book Review

The Simple Life

Your day probably starts off waking up in a comfortable bed, getting dressed in sweet smelling clothes, and going to school. You live in a cozy house filled with electronics, paintings, appliances, and cupboards filled with food. Your life is very different than Laura Ingalls, a character in the book *Little House In the Big Woods* by Laura Ingalls Wilder.

Laura's day began by waking up in a bed she shared with her sister, Mary, in a log cabin in the middle of the Wisconsin woods. Laura would work on her family's farm gathering

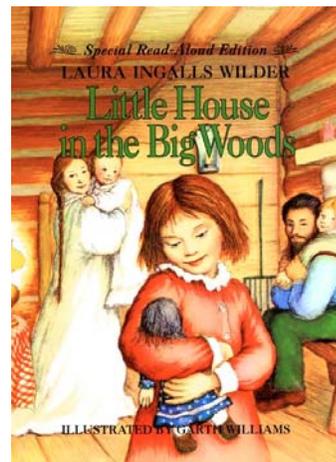
wood and picking berries for dinner. Instead of playing Wii, Laura jumped off of tree stumps and listened to her father play the fiddle at night.



Even though she was only 4 years old, she had to wash dishes with water from the melted snow.

Life in 1871 was very different than it is in 2009. On those days when you think life is hard, think about how Laura Ingalls's grew up. She didn't have all of the cars, video games, and toys we have today, but she was still a very happy girl. After reading this book, I realized that the little things in life can make you happy.

Meghan M.
Book Review Editor



Movie Review

Hannah Montana, the Movie

Hannah! Hannah! Hannah!

You probably have heard these screams all over the place. Hannah Montana, from television and concerts, finally hits the big screen.

In this movie, Miley Stewart/Hannah Montana has to make the choice of her life. Will she choose Hannah or Miley? Her dad makes sure she has a choice and takes her back to Crowley Corners in Tennessee, where Miley grew up. Miley doesn't like this at all! She had to give up a concert in New York City just to go back and be a farm girl again.

Soon after getting used to strange family members

and meeting old friends and family, Hannah pops in. A snoopy reporter comes to Tennessee to learn a major secret about Hannah, at possibly the worst time. Crowley Corners was going to be demolished to build a mall. Everybody was



pretty mad and went crazy trying to save it. They put up a benefit concert, and Miley let slip that she knew Hannah Montana. Soon Hannah herself had to perform onstage with that reporter around.

Will he find out her secret? Will Miley choose Hannah or a regular life? Will there ever be another Hannah Montana concert? Find out in "Hannah Montana, The Movie," now in theaters near you! Don't forget to listen for new songs like, "Hoedown Throwdown," "Butterfly," and the one and only, "The Climb."

Francesca L.
Entertainment Editor



Dapplegray Times



Health Tips

We are all happy to see summer coming! The beach, swimming pools, and all of the fun outdoor activities have us spending a lot of time outdoors.

One thing we hear from adults is “put on sunscreen”. Do you know why it’s so important to apply sunscreen? The obvious reason is that sunburns hurt and are uncomfort-

able, but the major reason is skin damage.

Here are some helpful sunscreen facts:

- Apply sunscreen 30 minutes before going outdoors.
- Use a sunscreen with a SPF of 15 or higher.
- Reapply sunscreen every 2 to 3 hours.

- To avoid allergies use sunscreen without PABA.
- Apply sunscreen generously, not lightly.
- Use waterproof sunscreen when in the water. The sun’s rays are more intense while in the water due to the reflection off the water. See you at the beach!

*Rachel C.
Health Editor*

Sun and Shine

Fashion Review



Well, summer is almost here. It’s time to trade in your jeans for shorts!

For girls, check out Hollister and Justice. These cool rainbow shorts from Justice will keep you from overheating especially if you choose

Summer Fashion Tips



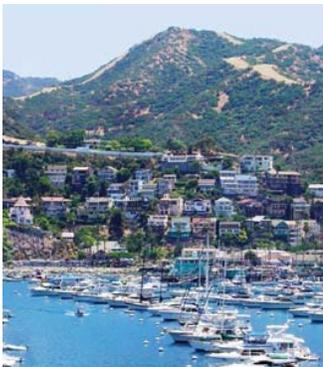
this pink tank top from Hollister to wear them with.

For you guys, check out Tilly’s where you can find this cool T-shirt and short pants.

Have a cool summer!

*Clair D.
Fashion Editor*

Travel Review



Summer Fun in Catalina

As you know, summer is coming up fast! If you want a nice vacation, go to Catalina. Catalina is a fun place. You can go swimming, snorkeling, bicycling, and lots more. The fifth graders are going there for a field trip and are going to have so much fun.

After the hour boat ride across the channel, you’ll probably be hungry. My favorite place to eat is Anto-

nio’s. If you like pizza, they have the best! After dinner, you can get ice cream at Big Olaf’s. The best part is, it’s right next door!

A fun day activity is miniature golf. The course is one-of-a-kind and has been there a long time. In fact, my dad played it when he was a kid!

The beaches are a great place for fun and sun. My favorite beach is Descanso;

you can rent kayaks and catch crabs. Sounds like fun, right?

But how do you get to this beautiful island . . . Catalina is easy to get to. You can go by boat, the Catalina Express, or a helicopter.

Catalina is a fun and affordable place to go with your family. Give it a try this summer!

*Emily F.
Travel Editor*

ARE Point of View

By Alexa M., Robert J., and Eddie J.

Dear ARE,
My friends are putting grass down my shirt and elsewhere. Should I tell on them? Or should I just take it as a joke? I don't know what to do.

From,
Green and Grass All Over

Dear Green and Grass All Over,
Tell your friend you don't like what they're doing and they need to stop. Make sure you don't say it in a playful way or they won't take you seriously.

From,
Alexa

Dear Green and Grass All Over,
Tell them you're allergic to grass and that they really don't want to see you have a reaction, because it's not pretty.

From,
Robert and Eddie

Dear ARE,
I heard my parents talking about holding me back this

year. I don't want to be held back, because I'll be embarrassed, and I'm not good at making friends. What should I do?

From,
Don't Want to Repeat

Dear Don't Want to Repeat,
The first thing I have to tell you is to talk to your parents and see why they want to hold you back. If it's because you're falling behind, get a tutor. If it's because you're young, prove to your parents your fine in that grade.

From,
Alexa

Dear Don't Want to Repeat,
Don't worry too much. It's better than getting held back in high school; because when you're older, it's more embarrassing. Figure out what's the problem and fix it before next year.

From,
Eddie and Robert

Dear ARE,
My friends and I usually sit at the same table at lunchtime. Lately, I've noticed that when I look away from my lunch and then look back, something is missing. I haven't noticed anyone new at the table. Should I ask my friends if they took it, or should I just forget about it?

From,
Hungry

Dear Hungry,
If your food is missing and you don't want anyone taking it, whether it's for a joke or to be mean, ask them to please stop. If your food keeps disappearing, tell a yard duty.

From, *Alexa*

Dear Hungry,
Keep an eagle eye on your food from now on. If you see someone trying to jack your food, slap their hand away.

From,
Robert and Eddie



If you have questions for our advice editors, email adviceeditors@dapplegraytimes.com.

Science Spotlight

All Vegetables, All Day

As you know, meat comes from animals, and it costs money and supplies to care for these same animals. If everyone in the U.S. went vegetarian for just one day we would not only save money (helping the economy) we would also save supplies. Kathy Freston of the *Huffington Post* reports

that we would save 100 billion gallons of water, 1.5 billion pounds of crops, 70 million gallons of gas, 3 million acres of land, and 33 tons of antibiotics which could be used on humans (based on unattributed statistics by Noam Mohr). We would also prevent many things. Freston also writes that

we would prevent (some) green house gas emissions, 3 million tons of soil erosion, and 7 tons of ammonia emissions. Even if the statistics are unsubstantiated, if we all went vegetarian for one day, we could really help the environment.

Sianna B.
Science Editor





Team Lucy Boo

Continued from page 1

Mrs. Scherba: Lucy's diagnosis really opened up the world of Liver Disease to our whole family. Until then I didn't know that much about them. I also didn't know how truly important your liver is to your health and how sick you can be if your liver is not healthy.

DG Times: Why is the American Liver Foundation important?

Mrs. Scherba: Lucy would not be with us today if it were not for liver disease research. The surgery that she had a 2 months (called a Kasai Procedure) has only been around for 20 years. Until then, children born with Lucy's disease died by the age of 2. The American Liver Foundation makes a huge difference in research and helping doctors.

DG Times: What is important for other people to know about liver disease?

Mrs. Scherba: It is so important now more than ever to become educated about liver disease because it is the fastest growing disease among kids. Lucy was born with her disease and it couldn't have been prevented. Kids today are not eating healthy and their livers



are suffering. Fatty Liver Disease has doubled among children in the past 10 years and is growing more each day. This is a disease that is 100% preventable if kids just eat healthier.

DG Times: How did Lucy become the Southern California "Save the Date" girl for the Liver Lifer 5K walks in Orange County and Los Angeles?

Mrs. Scherba: She was chosen by the Los Angeles American Liver Foundation coordinator; I sent her a picture of Lucy from last year's 5k walk, and she thought it was cute. She and I have been working closely together. I have spoken at a couple of their benefits sharing Lucy's story. I will speak again at a Gala downtown on May 17th.

If you want more information on the American Liver Foundation, go to www.liverfoundation.org/chapters/greaterla. The Orange County Liver Life Walk is on June 27, 2009, and the Los Angeles County Liver Life Walk is on Sept. 26, 2009.

*Tessa S.
Editor-in-Chief*



Fourth Grade Archeological Dig

Continued from page 1

Mr. Garland even had his own unit to dig. He was a real trooper getting down in to the site with all of us. He found a lot of abalone shells and shared his advice with us.

All in all it was a great learning experience for everyone. I hope the upcoming 4th graders enjoy the 10th annual dig as much as we all did!

*Dominic M.
Fourth Grade Editor*



April 2009

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Mexico - Multicultural Week	2 Mexico - Multicultural Week	3 Minimum Day	4
5	6 SPRING BREAK	7 SPRING BREAK	8 SPRING BREAK	9 SPRING BREAK	10 SPRING BREAK	11
12	13	14 PTA Mtg 9am Stadium	15 Ruby's Night	16	17	18
19	20	21 STAR testing	22 STAR testing	23 STAR testing	24	25
26	27	28 STAR testing	29 STAR testing	30 STAR testing		



4th Grade Archeological Dig

May 2009

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 DG FUND-RAISER 8-1 PEF Event
3	4	5	6	7	8	9
10	11	12	13	14 PTA HSA Awards	15	16
17	18	19	20	21 WRITERS WORKSHOP	22	23
24	25 Memorial Day—no school	26	27	28	28	30 DG Campout
31						



5th Grade Freedom Bound Practice

ANY DAPPLEGRAY STUDENT CAN SUBMIT AN ARTICLE. To submit articles (150-250 words), contact editor@dapplegraytimes.com to review your article idea before you start writing. Visit us at dapplegraytimes.com.

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