

USC Kids News

A program of PressFriends and the USC Good Neighbors Campaign

Inside This issue

Symposium for Kids	6
USC Medical Campus	6
Robotics, Infection Care	6
Awesome Symposium	7
Learning about Health	7
No to Junk Food	7
Global Health	8
Go Away Germs	8
Healthy Teeth	9
Take Care of Your Teeth	9
Food & Water Security	10
Nutrition and Exercise	11
Health is Fun	12
Human Rights	12
Children's Rights	12
Self-Choice for Kids	13
Protecting Human Rights	13
Protecting Refugees	14
Global Refugee Problem	14
Refugees	14
Refugees Need Help	14
How to Stop Pollution	15
Pollution—Silent Killer	15
Prioritizing Pollution	16
Fighting Pollution	16
Ways to Stop Pollution	16
Pollution articles	17
Pollution articles	18
Abilities and Disabilities	19
Understanding Disabilities	19
Disabilities articles	20
Disabilities articles	21
Disabilities articles	22
Global Health profiles	23
Global Health profiles	24
Global Health profiles	25
Photo Journal	26
PressFriends at USC note	28
PressFriends Inc. note	28

Volume 2, Issue 1

Spring 2016

Global Health for Everyone

By Steven T., Variety Boys & Girls Club

In November, some students from Delores Mission attended the Global Health Symposium for Kids at USC with Variety Boys & Girls Club and other local programs. Each program heard from four different speakers.



Photo by PressFriends

Diet and Nutrition

We heard from a lot of different speakers. Two presenters were Alvin Tran and Karen Opara who spoke on Diet and Nutrition. They talked about how the American food environment changed quickly in the last fifty years, because now when you look for places to eat, most of the places are fast food restaurants such as McDonald's, KFC, and Wendy's. Alvin and Karen also taught us about different food culture around the world such as in Africa.

Disabilities

We also heard from Briana Shipley who spoke about people with disabilities. Briana talked about dyslexia, Down Syndrome, and spinal cord injuries.

Continued on page 27

USC Global Health Symposium for Kids

By William H., Lomita Math/Science Magnet School

Reporters from Lomita Leopard's Roar newspaper visited Keck School of Medicine at USC for the Global Health Symposium for Kids. Reporters listened to fascinating presentations about Oral Health, Diet and Nutrition, Disabilities, and Illness. Presentations were given by graduate students in Global Medicine, and some of those speaking were Briana Shipley, Anthony Wong, and Ian Chen, as well as Dr. Elahe Nezami. Dr. Nezami is the head of the Global Medicine program and the Associate Dean of the Keck School of Medicine.

Continued on page 27



USC photo by Gus Ruelas

USC Kids News Reporters



Aharon
Foshay LC



Amy
Foshay LC



Ashlee
Foshay LC



Brian
Foshay LC



Chelsie
Foshay LC



Earnest
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Emily
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Walter
Foshay LC



Wendy
Foshay LC



Alyza
FDR Elem.



Angela
FDR Elem.



Braden
FDR Elem.



Cesar
FDR Elem.

USC Kids News Reporters



Chinonso
FDR Elem.



Devinia
FDR Elem.



Diana
FDR Elem.



Eduardo
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Emily
FDR Elem.



Erika
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Josselyn
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Kristy
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Ofelia
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Terrell
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Alan
Hoover St. Elem.



Arianna
Hoover St. Elem.



Ashley
Hoover St. Elem..



Daniel
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Edwin
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Emily
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USC Kids News Reporters



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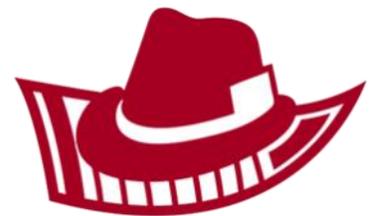
William
Lomita Math/Sci.



Youssef
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**PressFriends
Do the WRITE Thing**

USC Kids News Reporters



Alexa
Seventh St. Elem.



Anthony
Seventh St. Elem.



Ashley
Seventh St. Elem.



Danny
Seventh St. Elem.



Lily
Seventh St. Elem.



Momoka
Seventh St. Elem.



Nathan
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Adam
Variety BGC



Alejandro A.
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Anthony
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Bryant
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Jade
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Juan
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Justin
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Karimey
Variety BGC



Kassidy
Variety BGC



Kimberly
Variety BGC



Patricia
Variety BGC



Steven
Variety BGC



Yuliana
Variety BGC

**USC Kids News
WRITE On!**

Global Health Symposium for Kids



Photo by PressFriends

Foshay Flash reporters learned a lot of interesting information at the Global Health Symposium for Kids. We learned from Ian Chen that there is air pollution and there's a bacteria colony that can cause death. In 40 years, all oil could be gone.

In Asha Lindsey's presentation, she talked about food and water security and that we are in a food desert, which means there is a whole bunch of junk

food but no grocery stores where we can buy healthy foods.

In Priyanka Vachhani and Cary Wright's group, we learned about human and children's rights and that all kids should have a right to eat. We played a game of favorites with some being elephants and some giraffes, and the elephants got everything—only because they were elephants.

In Niloo Kossari and Roxy Tabrizi's presentation, we

learned about refugees and internally displaced people. A refugee is a person that leaves his/her country or city, and an internally displaced person is someone who has to leave his/her home if his/her home is disturbed. Right now, Syrian refugees are being taken to Pakistan, Jordan and Lebanon. 6.6 million are internally displaced.

By Kyle G.

Foshay Learning Center

A Day at the USC Health Sciences Campus



Photo by PressFriends

In November, we went to the USC Health Sciences Campus, where the medical school is. We did some activities, and the speakers from the Global Medicine program at USC taught us some things. They talked about the rights of people, pollution, food and water access, refugees and internally displaced people.

The USC students who spoke were Asha Lindsey, Cary Wright and Priyanka Vachhani, Ian Chen, and Roxy Tabrizi and Niloo Kossari.

My favorite presentation was the one showing people in flight. The presentation on refugees and internally displaced people was led by Cary and Priyanka. They passed out

papers which had a picture on it of either an elephant or giraffe. They also passed out papers that had either squares or triangles. The activity was to make up a kingdom, and it had their favorite food only and their rules. It was pretty unfair, but it was fun.

By Alan O.

Hoover Street Elementary

Robotic Arms and Infection Control



Photo by PressFriends

At the Global Health Symposium for Kids, Briana Shipley talked about disabilities. It was really cool because scientists created robotic arms to look like Iron Man or Transformers – and the amputee kids loved the arms.

We also learned about diet and nutrition from Alvin Tran and Karen Opara. They taught us to be healthy and showed that some people have to drink dirty water and when they

wash their hands, they only have water to use and no soap.

Kate La Tendresse and Andrea Taguinod told us about teeth and germs. They said to always brush your teeth and floss everyday. They also taught us about cavities.

Anthony Wong told us about germs and to always wash your hands with soap and dry your hands with a paper towel. He said to hold the top of the restroom dispenser with

a piece of paper towel to keep from picking up germs. When you are going to cough or sneeze, use a tissue paper and put your finger under your nose.

The talks that I liked the best were the ones about healthy eating, germs, and teeth. I wish I could come back to the USC Kids News workshop again.

By Anthony M.

Variety Boys & Girls Club

An Awesome Symposium on Global Health

The USC Kids Global Health Symposium was awesome. They taught students about a lot of different global health issues. One interesting workshop was about clean drinking water and food. The presenter had a lot of

activities. The examples were good food, bad food, bad water, and good water.

The Symposium gave us great food. They gave us box lunches that contained big sandwiches, apples, Ruffles, and water.

Overall, the Symposium was awesome. All the Press-Friends' students learned a lot about health and people's problems.

By Braden
FD Roosevelt Elementary



Photo by PressFriends

Learning about Global Health at USC

Foshay Flash reporters learned a lot about different global health issues at the Global Health Symposium put on by PressFriends and USC Keck Global Medicine program.

Ian Chen was the first presenter, and he talked about pollution. In 40 years or more, oil will run out. Ian thought pollution is an important issue because pollution is very harmful.

Asha Lindsey gave the second presentation that we attended. Asha spoke about food and water. Water security

is important because people need to have access to clean water. The subject was about being less healthy because of junk food and that junk food is not healthy. Junk food tastes good, but it is not healthy. Healthy food might taste disgusting, but it is so much better for you. There are not enough grocery stores selling healthy food.

Water is important, because water can help you get and stay healthy. Being healthy is important, because it helps you stay fit.

The third presenters were Priyanka Vachhani and Cary Wright. They spoke about fairness and human rights. They want things to be fair.

Our last presenters were Niloo Kossari and Roxy Tabrizi. They spoke about Refugees and Internally Displaced people. Refugees are those who have to leave their home country and go to a safe place. Syria is having problems with people leaving Syria to become refugees in other countries.

By Roselyn B.
Foshay Learning Center



Photo by PressFriends

Junk Food Is Not Good For You

People should not eat junk food in the morning because when they eat junk food in the morning, it is not good for your stomach and will not give you as much energy as a healthy breakfast.

At the Global Health Symposium for Kids, we learned from Alvin Tran and Karen Opara that we should not eat at McDonald's, KFC and Wendy's all the time, because eating out at fast food restaurants is

not healthy. But you can eat at those restaurants once in a while.

A healthy, nutritious diet will counteract the effects of food with a lot of sugar and other food that can make you fat. Healthy food choices, smaller portions, less soda, and more water are recommended.

The important thing I learned from the Oral Health presentation by Kate LaTendresse and Andrea Taguinod is

that we should eat more fruit and veggies instead of chips. A good diet is also good for your teeth as well as for your body. When we drink a lot of water and eat fruit and healthy snacks, good eating habits can also help you lose weight.

By Destiny R.
Variety Boys & Girls Club



Photo by PressFriends

Global Health Symposium at USC



Photo by PressFriends

Food and water are an important part of life for you. You don't have to pay a lot for fruit to eat. At the Health Symposium for Kids sponsored by PressFriends, Keck Global Medicine Program and Worldmed.com, Asha Lindsey talked to us about Food Deserts, where there are not a lot of grocery stores to get healthy food.

Ian Chen, a presenter at the Global Health Symposium, talked to us about pollution in the air, which is not good for people or the planet.

Niloo Kossari and Roxy Tabrizi talked about refugees and internally displaced people. Refugees are people who leave their homes and country, and those people who are internally displaced leave their homes but

stay in their country. There are presently a lot of Syrian refugees.

Priyanka Vachhani and Cary Wright talked about human rights, because we need to be able to say what we want and not what just one person wants.

The Global Health Symposium at USC was so cool.

By Emily G.

Foshay Learning Center

Go, Go, Go Away Germs

Germ Farm



Look around. There are germs everywhere – even on you! They are on your hands, railings, mouth and inside you. Let's look at some of these revolting creatures.

There are good and bad bacteria in your mouth. You may enjoy candy, but it isn't good for you. If you eat a lot of candy, you can end up having cavities. This is how it happens: the bad bacteria and candy mix making acid, causing the acid to rot your teeth.

Viruses are another type of germ that can make you sick. Washing your hands can help

prevent you from becoming sick. You can also get shots to help prevent you from getting sick.

There are good and bad bacteria, and when you get injured, bad bacteria can get in the wound. Make sure that you clean any scrapes and bruises and put an ointment and bandage or other covering to keep bacteria away.

By Ashley C.

Seventh St. Elementary

Germs are disgusting, because they can make people really sick, and could

even put people in the hospital and get a shot. Germs can also spread to other people and can get those other people sick.

When you wash your hands, you need to remember to wash them for at least two minutes, so that you can make sure that all of the icky germs have been washed off your hands.

Germs also have bacteria that can cause infections. Sometimes, if an infection gets bad enough, you may have to go to the hospital.

By Alexa M.

Seventh St. Elementary

Anthony Wong spoke to students on infection control and hand hygiene

Photo by PressFriends



Healthy Teeth

USC and PressFriends held a Global Health Symposium for Kids at the USC Health Sciences campus. Students in the Masters program in Global Medicine at USC gave presentations to PressFriends reporters on a lot of different topics.

One of the topics was Oral Health. Students learned that you have to brush your teeth for 20 seconds. If you sing the “Happy Birthday” song out loud or in your head while you are brushing your teeth, you’ll have brushed them about 20 seconds. When you brush your teeth, you should go in all places possible that are on *your teeth*.

Brushing your teeth will help keep them healthy and will

keep you from losing your teeth.

After you finish brushing your teeth, you should floss for a while. Flossing is to help clean those parts of your teeth that the brush didn’t reach – such as in between your teeth.

Some people don’t brush their teeth, so if you give them

a toothbrush, they might think it is a toy or something else that is weird, but it is important so that you keep all of your teeth. Remember, it is important to brush your teeth for 20 seconds and to floss.

*By Anthony P.
Seventh St. Elementary*



Tips for Healthy Teeth

- ✓ Brush your teeth two times a day or more.
- ✓ Brush your teeth 20 seconds each time you brush.
- ✓ Sing the “Happy Birthday” song while brushing your teeth.
- ✓ Floss your teeth two times a day.

Taking Care of Your Teeth

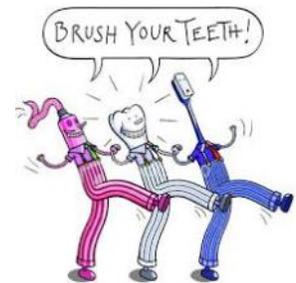
Foshay Flash reporters received a great presentation on Oral Health at the USC Global Health Symposium for Kids. The presenters were Andrea Taguinod and Kate La Tendresse, who are students in

the Masters of Global Medicine Program at USC. They taught us how to take better care of our teeth, so that you can eat. If you can’t eat, you’ll starve to death.

Also if you don’t take care

of your teeth, your mouth make have pain from tooth-aches, and you won’t be able to have fun with pain in your mouth.

*By Earnest N.
Foshay Learning Center*



Andrea Taguinod and Kate La Tendresse talk about Oral Health

Photo by PressFriends

Food and Water Security



Foshay Flash reporters went to the USC Health Sciences Campus and the Keck School of Medicine for PressFriends and the Keck School of Global Medicine's Global Health Symposium for Kids. We heard from different speakers, and one of those speakers was Asha Lindsey.

Asha talked to us about junk food being bad for us. She also taught us that there is a lot of grease in junk food. Asha told us that access to healthy food is important, so that you won't damage your body.

Asha also talked to us about the way we looked at food – if you had to pay \$20 for a piece of broccoli, you would think that it would taste pretty good.

Water is important, because if you drink dirty water, you might become ill. It would be good if everyone had clean water, but not all parts of the world do. In California, water is scarce, because we are in a drought.

By Brian B.
Foshay Learning Center

At the PressFriends/ USC Global Health Symposium,

Asha Lindsey taught us about food deserts. Food deserts are places where people don't get access to healthy food. Even where there are McDonalds and Panda Express, you could have a food desert.

Figuroa Street is like a food desert. There are many places to eat, but it is still a food desert, because there isn't a place to buy healthy food.

I think we should go to the grocery store and buy things to make salads or veggies. I like veggies. I like veggies, but I like them boiled. Veggies are really good, and you should try them.

Asha also talked about how some people have access to places like the supermarket and some don't.

By Wendy R.
Foshay Learning Center

At PressFriends and USC's Global Health Symposium for Kids, we heard from Asha Lindsey. Asha said that fast food is bad for you. If there are not enough grocery stores for everyone, then those people are in a food desert. Food and water security is very important in a food desert.

Asha is very cool. Her

favorite food is zucchini. She is really nice and funny.

By Ashlee G.
Foshay Learning Center

At the Global Health Symposium for Kids at USC, we learned to eat healthy from Asha Lindsey.

Healthy foods include apples, bananas, and vegetables. Foods that are not healthy are hamburgers, fries and pizza.

It is important to eat healthy to stay healthy.

By Emily E.
Hoover Street Elementary

It is important to stay healthy. Ways to stay healthy are to exercise a lot and not eat junk food.

In my opinion, a school lunch is healthy food and not junk food. I also think that children should exercise more to be healthy.

We should make healthy food cheap, so people can eat more healthy. While we may not be able to get grocery stores to lower their prices, we can grow our own healthy plants to eat.

By Edwin R.
Hoover Street Elementary

Asha Lindsey told students about food and water security

Photo by PressFriends



Nutrition and Exercise

Obesity – a Serious Problem

Did you know that there are 42 million kids under the age of 5 who are obese? The importance of diet and nutrition should be the topic of discussion for all ages. The difference between diet and nutrition is that you have to be kind of picky about your diet and the food you eat. Nutrition is when you eat healthy food that will make you big and strong.

We should all play for at least one hour outside or move more to be healthy and fit. We should also eat smaller portions, skip the soda machine, and grab some fruits and vegetables for snacks when we are at school or at home.

There are more fast food offerings like KFC, Wendy's and McDonald's, and less grocery stores selling healthy food. In the 1950's, the size of hamburgers and sodas were small, but today, the sizes have doubled.

In different countries, people have a different idea of nutrition. In West Africa, they don't have a lot of healthy

choices, but those with a lot of food are considered rich.

Different companies advertise their products even if the products are not healthy and can harm people.

There is a high need for knowledge about exercise, healthy habits, and nutritious foods around the world!

By Bryant S.
Variety Boys & Girls Club

Diet vs. Nutrition

At the Global Health Symposium for Kids, we learned about Diet and Nutrition from Alvin Tran and Karen Opara. Diet means that you need to lose weight. Food in America is high in fructose corn syrup. The food environment is changing away from junk food, because 42 million kids weigh too much. Food in West Africa is fried. Some people's diets consist only of plants with no animal products.

What can you do for a healthier life style? Choose smaller portions and exercise at least one hour a day at recess, lunch time, and P.D. Avoid stuff that is not good for

your body, such as cupcakes, cakes, chocolate, cookies, pancakes, and other kinds of foods that I do not like to eat, because it makes me gain weight.

By Justin T.
Variety Boys & Girls Club

Exercise Your Way to Health

The most important thing about the Global Health Symposium for Kids was learning about exercise. Exercise is a good way to stay healthy because if you don't stay on a healthy diet, you may become obese. The speakers, Alvin Tran and Karen Opara, recommended that you exercise one hour a day.

Kids have more time to play outside because they can play before and after school and when playing sports.

When kids see a sign for KFC or McDonald's, they are recognizable, because most people have eaten there before. But fast food is a reason why a lot of kids are obese,

By Adam T.
Variety Boys & Girls Club



Alvin Tran and Karen Opara talked about the value of diet and exercise

Photo by PressFriends

Learning about Global Health is Fun



At the Global Health Symposium for Kids, we learned about diet, healthy eating, exercise, people with disabilities, germs, water and soap, and cavities in our teeth.

Alvin Tran and Karen Opara talked about diet,

healthy eating, and exercise. Briana Shipley taught us about people with disabilities. Anthony Wong taught us about germs, water, soap and dirty water. Kate and Andrea taught us about our teeth and cavities.

My favorite presentations

were all of them! They were all interesting, and I hope I can learn more about the presentations. All of the people were so nice and kind. I wish I could see them all again some other time!

*By Yuliana J.
Variety Boys & Girls Club*

Human Rights



Human Rights

At the Global Health Symposium for Kids at USC, we learned about human rights. We learned that everyone needs to be treated in the same way. In one activity, we got either a giraffe or elephant. If you were the elephant, you

got a token, but if you were a giraffe, you didn't. It wasn't fair that only elephants got tokens, although some of the giraffes thought it was okay. However, it showed us that it isn't fair if one some people get something because of who they are

and not for any other reason.

In the second activity, you did not get a choice to choose your favorite food but were told what it was. That wouldn't be fair either.

*By Melissa E.
Hoover Street Elementary*

Children Rights and Human Rights

Rules can be unfair. We played a game at the Global Health Symposium for Kids that involved some kids being elephants and some being giraffes. It was unfair that the elephants and giraffes had to compete. It also was unfair that

the people that had elephants got a token, which meant they could buy anything they wanted with it (in make-believe).

We played another game with triangles and squares. If you got a triangle, you had to step on one foot and raced

with a tennis ball and spoon. Those who got a square got to stand on two feet and had to race the person with a triangle.

It is important to always have equal rights.

*By Sheila B
Hoover Street Elementary*

Cary Wright and
Priyanka Vachhani spoke
about Human Rights

Photo by PressFriends



Self-Choice for Kids

Did you know that kids can make their own choices, and can help their parents make the right choices to recycle, conserve water, and walk instead of drive.

However, adults still are free to do a lot more of what they want to do. Kids should also be able to choose what they want to do, because no one – even kids – should be forced to like something they don't want to like.

Without kids' right to choose, the world is in chaos, and everyone is fighting each other. Kids would choose peace instead of fighting.

Kids should also be able to choose their own beliefs. We should be able to believe in the religions we choose and not to be told what to worship.

We should be able to think our own thoughts, even if they aren't the same as the adults around us.

If you don't agree with me, that's fine, because you have the right to free thought. You shouldn't be forced by other people to choose an opinion or a way of thinking. Kids should be able to think their own thoughts and to freely choose what they want to think.

By Yrekka P.

Lomita Math/Science Magnet



Protecting Human Rights

At the PressFriends and USC Global Health Symposium for Kids, Foshay Flash reporters went to a presentation about Human Rights and Children's Rights. The presenters were Cary Wright and Priyanka Vachhani. They talked about UNICEF. UNICEF provides donations to poor people who can't pay for food and clothing.

The United Nations gives freedom and protection to everybody. The UN was fighting for equalities mostly for children and mothers. The United Nations was created after World War I.

After the presentation, we did an activity about elephants and giraffes. The elephants got more than the giraffes. It was a lesson that some people are

lucky and some are not so lucky. I got a giraffe in the exercise and my friends got elephants. The exercise showed us that it wasn't fair for some to get more than others because of what kind of animal they were, anymore than it is for some people to have all the power.

By Geoffrey P.

Foshay Learning Center



Protection for Refugees

Refugees are people who left the country and can't go back to their country. Some reasons why they leave are because of conflict, war, natural disasters, and the law. Refugees are at a high number in some countries, such as Afghanistan, Iraq, Somalia, Congo, Sudan and at 4 million more than half of the people in Syria. Once

these people have left, they seek safety in places such as Pakistan, Jordan, Lebanon, and Iran. When the refugees find a home, get money, and settle down their family, they move to a place like California. But moving away from their country is dangerous and traumatic. Refugees have to cross oceans or walk many miles. But they

still do it to protect their family. This is why, on June 20, 2016, you should think of ways you can help. June 20 is World Refugee Day and everyone should think of ways to help.

By Gemma H.

Lomita Math/Science Magnet





A Worldwide Problem

On November 14, 2015, USC's Global Medicine program, Worldmed.com and PressFriends put on the Global Health Symposium for Kids. Roxana Tabrizi and Niloo Kossari talked about refugees and internally displaced people.

Refugees are people who leave a country and can't come

back. Internally displaced people are people who can't leave their country but have lost their homes. There are internally displaced people in Columbia.

Over half of Sudan's population (4,000,000 people) are refugees. Also, there are a lot of refugees in the Middle East. This situation affects women

and children the most because they have a harder time protecting themselves.

This issue is important, because it could happen anywhere in the world. Making people aware of the problem is one way that we can help.

*By Panlee P.
Hoover Street Elementary*

Refugees

On November 14, 2015, students in the YMCA program at Hoover Elementary attended the Global Health Symposium for Kids. For the presentation on refugees and internally displaced people, Niloo Kossari and Roxy Tabrizi

talked about people leaving their country who can't go back to their country.

Some people seek refuge in another country because of war or natural disasters. For example, a lot of people from the Middle East have left their

countries. They also talked about the 5,700,000 internally displaced people. Internally displaced means they are trapped inside their own country.

*By Juan C.
Hoover Street Elementary*

Refugees Need Help

My opinion is that refugees need help. They are fleeing a bad situation in their own country, and they have to walk lots of miles looking for a new place to live.

I am worried for them because they are separated from their families and may not be able to see them again. I am worried for their safety because it is dangerous for them

to travel without protection.

Governments are working to help refugees relocate to other countries.

*By Natividad P.
Hoover Street Elementary*

Students learned about refugees from Roxy Tabrizi and Niloo Kossari

Photo by PressFriends



How to Stop Pollution

At the Global Health Symposium for Kids, we learned about pollution. It is very serious because we only have 40 years left of oil.

We can help stop pollution. For example, we could start using our cars less and walk when we can. If it is a place far away, we could also use bikes, skateboards, and roller skates. You should not

use a car when you only need to go someplace that is a block away.

Air pollution is worse when it rains. It can make rain acidic and can spread air pollution and health problems. This rain is called acid rain.

Water pollution is dangerous, because we could drink it or animals could drink it. It can also poison marine life. Water

pollution is caused by waste dumped in the ocean, and some companies have dumped waste oil in the ocean as an easy way to get rid of it. Those companies should be punished.

Both air pollution and water pollution are bad, so we must do what we can to reduce pollution.

By Luis G.

Hoover Street Elementary



Pollution—The Silent Killer

Pollution is bad for people and the environment, and people should know the effects of pollution and should work together to stop it. Some of the reasons why I think that pollution is bad is because it causes health problems, contaminates food and water, and causes acid rain.

Pollution causes health problems. Air pollution causes asthma because of the bad chemicals. People drink water with chemicals such as mercury. Bad chemicals such as carbon monoxide in the air cause lung cancer to breathe in.

Pollution also contaminates food and water. For example you throw a half full bottle of beer bottle into the ocean, fish drink it, then you eat the fish, so you're eating a drunk fish!

Let's say a paint company made a bad batch of paint, then throw it in the ocean. Then you swim in it and get bad paint on you and in your eyes!

Lastly, pollution causes acid rain. Acid rain kills plants. Acid rain makes rocks such as granite melt. For example, the Washington Monument is made of granite, so when acid rain falls, a bit of it melts off.

Some people still think pollution doesn't affect them. I think they are wrong. What goes around, comes around. Every little piece of trash will come back and affect you. If you throw a piece of trash in the ocean, it will come back and contaminate your food.

Altogether, pollution causes health problems, contaminates food and water, and causes acid rain. So, the next time you think about littering, it can come back at you!

By Vilem L.

Lomita Math/Science Magnet



Ian Chen spoke to students about the impact of pollution

Photo by PressFriends

Prioritizing Pollution



Have you ever thought about what form of pollution is most harmful to us, and which form is the easiest to change? I believe that water pollution is easier to solve – and more important than air pollution.

Water pollution is easier to solve because you can simply just filter water. The dirty water comes from chemical factories, farms, and humans

dumping their waste into the water and environment.

On the other hand, air pollution is harder to solve because there are more than 200 other toxic pollutants in the atmosphere. Air pollution comes from people burning fuels such as coal, gasoline, and farm wastes.

Air pollution is important, because everyone breathes in air. Air pollution is caused by

acid rain, carbon monoxide poisoning, which leads to lung diseases such as lung cancer and asthma.

I think water pollution is more important, because it can cause cholera, hepatitis A, Malaria, Polio, Lead and Arsenic poisoning, and trachoma.

By Emma C.

Lomita Math/Science Magnet

Take a Stand Against Pollution



In this world, people are causing pollution everywhere. The most damaging causes of pollution are littering, air pollution, and toxic pollution.

Littering is when someone throws away trash or recyclable items in places such as beaches, streets, and forests. The trash on the ground can be caught by animals and can harm or kill animals, such as turtles, birds, dogs, fish, or other wild animals. To solve this problem, people can pick up their trash.

Another problem in this

world is air pollution. Air pollution includes burnt fossil fuels, smoke, and other gasses. This may be inhaled by humans and may be harmful to people's lungs. This may cause diseases and may even lead to death. I think that some automobile factories are trying to solve this problem by using other materials to fuel cars.

Last but not least is toxic waste. Toxic waste is waste that usually cannot be decomposed. This includes oil, paint, mercury, and some other acids. These may be dumped into

oceans by factories and contaminate fish and birds. Then these fish are eaten by humans and carry the diseases into the humans' bodies. This can cause sicknesses and might even cause cancer.

I think that the best way to solve this problem is to throw away the toxic trash into a toxic trash dump.

Don't litter but make sure to dispose of the waste safely.

By Ryu A.

Lomita Math/Science Magnet

Ways to Stop Pollution



Gasoline is bad for the water and air. If we use gasoline in cars, the air will get polluted. I don't want to see gasoline in my lifetime.

You can get asthma and can get cancer that is life threatening from pollution. Air pollution has bad effects. Water pollution is bad because

you can drink it. Factories throw their waste in the water, and it is bad because animals that drink the water can get harmed.

Animals will get harmed if we dump waste in the water, like oil. The fish will get harmed and other fish that eat the bad fish will also get sick. We can

get sick too if we eat the fish that ate the bad fish.

Gasoline will get in the water and air even though gasoline is necessary, gasoline is still bad for the air and water.

By Yancy V.

Hoover Street Elementary

Pollution Affects Everyone

Have you ever just packed up your car to go the beach and spent an hour just getting there? Just to find that it was closed due to pollution? Well, that actually happens to a lot of people! And, do you know who could have caused that? People! Because they were too lazy to put a bottle in the recycling bin that was just three feet away. But, no! They had to go and throw the too-

good-for-the-recycling-bin bottle into the ocean instead. And, now the ocean is polluted!

But, back to the main point. You know the saying, "What goes around, comes around?" Well, the meaning of that saying is that you can't do something without being impacted by it.

Let's say that you dump some toxic waste in the ocean.

You don't care, because you think it doesn't hurt you. Well, let's say that a fish eats it, and this fish is caught by a fisherman. A restaurant buys the fish from the fisherman, and the restaurant serves the fish to you!

That's only one reason why you shouldn't pollute anywhere!

*By Monica H.
FD Roosevelt Elementary*



No More Pollution

At the USC medical center, I learned about pollution. The ocean is starting to become bad. To help the ocean, you should stop throwing trash in the ocean. Trash in the sea is bad for fish and other animals.

The speaker, Ian Chen, mentioned that oil spills are bad for the fish, because they can drink some of the oil. Another way of polluting the fish is that acid rain goes into the water. It is then consumed by the fish and

contaminates us by eating the fish. A solution to this problem is not putting anything that harms fish in the water.

*By Ashley C.
Hoover Street Elementary*



Stop Pollution

Do you think that people should stop polluting? If you do, then you are correct. The people you love could be in danger if people don't stop polluting.

Pollution is bad because children, adults, animals, and

plants could be in danger from trash on the ground or in the ocean, or from bad quality air. You can help stop pollution by putting your trash in trash cans and walking and biking instead of driving cars short distances. Sometimes you may be pollut-

ing and not know it, so if we all decide to be careful not to pollute, we can save the planet for our loved ones.

*By Mia C.
Lomita Math/Science Magnet*

Pick Up Your Litter

The USC graduate students from USC's Global Medicine program talked to the student reporters that attended about environmental issues.

There are two types of pollution – water pollution and

air pollution. Ian Chen talked about why we should never litter. Ian said in forty or more years, there is not going to be any more oil.

Ian decided to talk about environmental issues, because

where he lives, there is a lot of pollution.

Ian's favorite color is black and his favorite food is chicken breast.

*By Joseline R.
Foshay Learning Center*



Aiming to Stop Pollution



Air pollution has become a huge problem around the world. It harms plants, causes global warming, and causes many other animals to migrate to other areas that they are uncomfortable in. This also causes many animals to go extinct.

Air pollution depletes the ozone layer which heats up the world and irritates animals and humans. Since air pollution

causes global warming which raises the water level in oceans and seas, air pollution increases the risk for floods and tsunamis.

We can stop air pollution. First, factories and other companies that cut down trees and other plants are impacting the environment. Trees and plants provide oxygen which we use to breathe. If we cut down all of the trees, there will be more

carbon dioxide than oxygen, and carbon dioxide is the chemical that traps all of the heat which is causing air pollution and global warming and is killing the Earth.

We also have to tell companies and factories to stop creating so much smog! We can make electric cars and buses to help reduce pollution.

By Razan P.

Lomita Math/Science Magnet

We Need to Stop Pollution



The problem in the world I want to change is pollution. Pollution is a very big problem. It affects a lot of life in the air, land, and water.

There are many reasons to stop pollution. One is because it affects animals and people. Many animals can die from pollution on land, air, and water. Animals can get sick from

the smoke, and marine life can get sick from trash in the water.

Another reason is that people can also get sick and die from pollution. If people get smoke in their lungs, they can get deadly diseases like cancer.

Pollution can also kill our environment! All that smoke that causes air pollution can kill plants and animals, which are

important parts of our environment.

We can try to stop pollution by cleaning trash off of beaches and cities. We can help stop air pollution by going on strike against companies that pollute.

By Diego H.

Lomita Math/Science Magnet

Pollution Issues

Foshay Flash reporters heard presenters from the USC Global Medicine program talk about environmental issues. We learned that in 40 or more years, there will be no gas left. Ian Chen said that “what comes

around comes right back around.” Ian said that there are two types of pollution – water pollution and air pollution.

Ian’s favorite food is chicken breast, and his favorite color is black. Ian was born in Ameri-

ca but grew up in Taiwan. He has traveled across 20 countries. His favorite sport is basketball, and when he was a kid, he wanted to be a doctor.

By Joselyn M.

Foshay Learning Center

Pollution is Bad For You



At the Global Health Symposium, students learned that pollution is bad for people and the environment. It can cause lung cancer and stomach

illnesses. What causes pollution is oil, smoke, trash, and gas. Water pollution is caused by oil spills and chemicals that don’t belong in the water. The

way to get rid of pollution is to pick up your trash and try to walk instead of using cars.

By Sally M..

Hoover Street Elementary

Abilities and Disabilities

At the PressFriends/USC Global Health Symposium for Kids, students learned that there are different types of disabilities that children are born with. One is dyslexia, which can cause children to have trouble learning. If you have dyslexia, you can be very smart and can think more creatively than others but have a hard time learning to read.

Another disability is Down Syndrome. It is a facial and mental disorder. People with Down Syndrome are extremely friendly. It is important for everyone to be nice everyone regardless of whether they have a disability.

The last disability we learned about was A.D.D. (Attention Deficit Disorder). A.D.D. is when a person can't

pay attention to most things during the day or at school. Sometimes sports can be fun for kids with A.D.D., and help them learn to follow directions and focus. Some can play team sports and others are better at sports like karate and swimming.

By Danny N.
Seventh St. Elementary



Understanding Disabilities

Reporters from the 7th Street Sailor attended the Global Health Symposium for Kids at USC. Reporters learned that it is important to keep your body healthy. Reporters also learned that for some people with disabilities, conditions like Down Syndrome and dyslexia can make it harder for people to do some things that may be easy for people who don't have those conditions.

One of the other disabilities we learned about was spinal chord injury, which is when your spinal chord is damaged. Students learned a lot at the Global Health Symposium

about different ways to keep our bodies healthy.

By Nathan P.
Seventh St. Elementary

At the Global Health Symposium for Kids at USC, reporters from the 7th Street Sailor learned about the Special Olympics. The Special Olympics is a sports competition that hosts hundreds of international athletes with disabilities.

The speaker, Briana Shipley, also talked about Spinal Cord Injury, which can paralyze the body. Doctors have a special board they strap you to until they know what's wrong.

Did you know that a woman who was paralyzed in her arms taught herself to paint by holding the paint brush in her mouth? There is still a lot that you can do if you are paralyzed.

Another disability is dyslexia. If you have dyslexia, it is hard to read, and it could take you years to read unlike those without dyslexia. If you had dyslexia, you wouldn't laugh at girls and boys that have dyslexia. An example of dyslexia is seeing words all mixed up and all blurry, like you broke your glasses and couldn't fix them.

By Momoka S.
Seventh St. Elementary



Briana Shipley gave an informative presentation on Disabilities

Photo by PressFriends

Dealing with Disabilities



People can have different types of disabilities. Briana Shipley did the presentation on disabilities at the Global Health Symposium for Kids. One type of disability is dyslexia, which a lot of people have. Dyslexia can make people see different things and can change letters upside down to make it hard to read and write.

Spinal Cord injuries can also cause disabilities. The spinal cord is one of the most

important parts of your body. Some people have injured their spinal cord and have been paralyzed. Those injuries are difficult, because they may not be able to move certain parts of their body, but they can still have fun. For example, if you don't have use of your legs, you could use a wheelchair and be in the X-Games. You would have to be trained to compete, or you could end up in more pain.

The last topic discussed was about getting a robot body part like a robotic leg or arm for people who lost or didn't have use of that body part. A kid with a disabled hand or leg could get a Transformer hand or leg. It can take time to get used to the new arm or leg. One of the other kinds of body parts was an Iron Man hand to replace an amputated hand.

*By Jonathan G.
Variety Boys & Girls Club*

Learning About Dyslexia



Briana Shipley

Briana Shipley gave a presentation on different types of disorders at the Global Health Symposium for Kids. One of the disorders she focused on was dyslexia. She told students facts about the disorder, and then she did an interesting exercise where she told us to close our eyes and asked us questions that we had to answer either "true" or "false."

Briana said that her cousin has dyslexia and that is why she choose dyslexia as a topic. During the presentation, she said, "Dyslexia can't be healed." She told the student reporters attending the Global Health Symposium at USC that dyslexia means that you have difficulty reading.

Briana decided that as a career, she would like to work

in a medical field as a doctor or in a related medical profession. She also wants to find a cure for dyslexia, and she wants to do extraordinary things to help people all over the world with mental and physical disorders.

*By Ruth W.
Lomita Math/Science Magnet*

Cool Robotic Arms



The artificial arm that Briana Shipley showed us in a video was cool, because it was designed to look like a Transformer or an Iron Man arm. People with disabilities are cool too because they can do things that other people can't do and some can do things a lot better. Some famous people have disabilities. Also in TV shows there are fake robotic arms and now

they are trying to make real ones. They now try to make them so you can flex and it will open and close. The arm can also look like a weapon too. People ask how does the arm work but be sure not to say mean things.

The mentors were cool, because they were helping us. Also the presenters were doing a good job at presenting. The

robotic arm is a good idea, because now kids with no arms, legs or hands can do things like other kids. That makes the kids with disabilities happy, and it makes their robot arm even cooler when they can choose the design they want.

*By Alexander P.
Variety Boys & Girls Club*

Disabilities Among Children and Adults

Briana Shipley talked about children and adults with disabilities at the Global Health Symposium for Kids at USC. Everyone thought it was interesting because they were all paying attention.

Scientists have developed robotic arms that helps kids be able to move their arms if they don't have arms. The kids look

happy with the robotic arms that are designed to look like Super Hero arms – such as Iron Man, Batman, and Superman. But there also are arms that look like normal arms. Now, other kids think the arms are cool, and you can ask about them but don't make fun of them.

One of the disabilities that

you can have is dyslexia, which makes you confused about letters and the letters tend to look blurry. Briana also talked about Down Syndrome, which you are born with, and Spinal Cord injuries that can make your arms and legs not work.

*By Kimberly M.
Variety Boys & Girls Club*



Disabilities

Briana Shipley gave an interesting presentation on disabilities. I liked the video she showed us of the team that created the robotic arm. I also liked how she showed us some famous people with disabilities. I liked that because they are

talented, creative and smart.

Briana also showed us what ability means, and it means talent. She showed us what Down Syndrome, dyslexia, and spinal cord injury mean and showed us pictures of people and kids with these abilities.

I like the way Briana did the presentation and how she did it. She also didn't get shy or talk low or loud – she talked in a normal voice.

*By Jade P.
Variety Boys & Girls Club*



Live Healthy

Briana Shipley gave a presentation on disabilities at the Global Health Symposium for Kids. She taught us about being healthy for the rest of your life, so you can live longer.

Briana showed us a video about people making a ro-

botic arm. At the beginning of the video, people were making a robotic arm and putting in a lot of effort into making the arm. When the kid in the video got his robotic arm, he was so happy, and it was all because his arm was designed like a Transformer.

We learned a lot at Briana's presentation. The words that I learned during Briana's presentation were: stereotypes, tolerance, disabilities, abilities, and dyslexia.

*By Cassidy Q.
Variety Boys & Girls Club*

Everyone is Important

Did you know that 45% of people in special education graduate from school? Many people have disabilities, and Briana Shipley taught us about disabilities. Briana is in her first year in the Global Medicine program. She really

likes studying Medicine. When she got her undergraduate degree at the University of Colorado, she knew that she wanted to focus on kids. She chose her subject, because she has worked with kids with disabilities. Briana showed a

video about kids without an arm, and the kids in the video were happy when they got a robotic arm. Please remember that all kids are important even if they have a disability.

*By Tesla A.
Foshay Learning Center*



About Disabilities

Kids with Disabilities

The presentation that Briana Shipley gave on children with disabilities was sad, because it made everyone almost cry. We saw a video that showed robot hands and arms made of super hero parts, and the kids with that had lost an arm or hand loved them.

We also learned about kids with dyslexia. At school, they would have trouble with reading and words would be blurry. The kids with dyslexia loved books with large print.

Another disability is Down Syndrome. The kids with Down Syndrome seemed very nice.

The final disability that Briana talked about is spinal cord injuries. A spinal cord injury can affect your body and cause paralysis. But kids and adults with a spinal cord injury can still do more amazing things.

*By Karimey P.
Variety Boys & Girls Club*

Dyslexia – a Disability

The presentation on disabilities was sad because people had dyslexia but they were very hard workers. People with dyslexia have a disability.

Another reason why the presentation was sad was that

we saw a video about kids that don't have one or more parts of their body.

People that have a wheelchair can learn to do a lot of tricks and other things on their wheelchairs that are pretty cool.

Almost every school has a student with special needs. Those kids are sometimes have different teachers but we can still be friends with them.

*By Patricia L.
Variety Boys & Girls Club*

Understanding Dyslexia

Do you know what the Press-Friends and USC Global Health Symposium for Kids was? It was a conference where kids could learn about different health issues. Briana Shipley is in her first year of the USC Keck Global Medicine program. She wants to become a doctor, because her cousin has dyslexia, and it made reading difficult.

Even though some people have dyslexia, they can still do the same things that we do.

*By Saira G.
Foshay Learning Center*

Tackling Disabilities

People without an arm can be scarred for life. Briana Shipley showed us a video where a person tried out a robotic arm

and then showed it to another kid that needed a robotic arm. Instead of making a skin color one, they made a Transformers arm and an Iron Man arm. Kids with the new arms have to put a lot of strength of their hand and more force than a normal arm to make the robotic arm work. At the end, Briana talked about how people learned how to use the arm.

*By Juan L.
Variety Boys & Girls Club*

Robots Are Cool

My favorite presentation at the Global Health Symposium for Kids was about the robot arms. It was very interesting to learn about what was making the arm move and making the fist to flex.

I think that in the future, the robot arm will get better and that scientists will figure out how to make the arm fit to the body and move like a real arm. If I fell and needed an arm, I would feel happy that there is a robot arm available.

*By Alejandro A.
Variety Boys & Girls Club*

Disabilities Worldwide

Unfortunately, people around the world have disabilities. For kids without arms, scientists have developed robot arms, which helps kids feel better about themselves because they can get robot arms with cool designs on them.

The robot arms are important because kids who don't have arms can now feel better because of the new inventions.

*By Jocsan G.
Variety Boys & Girls Club*



Photo from <http://www.cnn.com/2015/03/06/health/ucf-3d-printed-arms-for-kids/>

Global Health Symposium Profiles

Find out more about some of the speakers at the Global Health Symposium for Kids

Alvin Tran

Every kid struggles differently when studying for a test. What's more important is getting good grades so that you can get into your dream school. Each year, it gets harder and harder to get into the colleges that you want.

Alvin Tran studies a lot in school to get good grades. His favorite subject was biology. He went to UCLA for his undergraduate degree.

Alvin told us that this year is best year of his life.

By Amy O.
Foshay Learning Center

When Alvin Tran was little, he liked to play Pokémon. Alvin learned about science when he was a kid, and he also learned about nutrition.

Alvin was a good student in school, because he studied a lot and even more when he had a test. When he grew up, he studied because he felt excited about learning. He is happy about attending both UCLA and USC.

By Aharon V.
Foshay Learning Center

Andrea Taguinod

Andrea Taguinod is a Global Medicine student, who spoke at USC and PressFriends' Global Health Symposium for Kids. Andrea will be in the Global Medicine program from 2015 to 2016. She decided to study global medicine because she thought it was important to know what's going on all over the world.

Andrea's undergraduate major and degree is a Bachelor of Science. She is focusing on the diseases that occur all over the world. She chose this area, because she wants to be a dentist.

After Andrea graduates, she would like to attend dental school and focus on the diseases that occur all over the world. She chose this area, because she wants to be a dentist.

After Andrea graduates, she would like to attend dental school. She thinks that education for children is the most important global health issue today.

Andrea enjoyed talking to the students at the Global Health Symposium for Kids. If someone is interested in studying global health, students need to study health and disease prevention in school. Andrea's mom influenced her, because she wants to be just like her.

In the next 10 years, she wants to become a dentist serving places where she is needed.

By Lomita Leopard's Roar

Asha Lindsey

Asha Lindsey is in her first year of the Masters in Global Medicine program at USC. She studies medical travel and culture. She went to Spellman College and studied Spanish for her undergraduate degree.

Asha's presentation focused on studying food and water. She wanted to teach us to make healthier choices. She taught us about food and water security. She knows a lot

about food and water, and I liked the way she gave her presentation. She also talked about desserts, junk food, and sodas that contain sugar.

By Genesis V.
FD Roosevelt Elementary

Asha Lindsey is a student at USC in the Global Medicine program. Asha is in her first year of the program. She is interested in food and water safety, and she is interested in this because she wants to show kids the importance of food and water safety.

Asha told us that she likes to interact with students. She wants to be an obstetrician. An obstetrician is a person who delivers babies.

Asha intends to accomplish a lot in the next ten years. She wants to finish graduate school and medical school and then wants to start delivering babies.

On top of all of this, we learned that Asha is a very nice person. Students had a lot of fun and learned a lot.

By Emily, Joshua,
Cesar, and Josselyn
FD Roosevelt Elementary

Asha is in her first year of the Global Medicine program, and she loves it. In the Global Medicine program, she is focusing on food and water. She believes that they are an important part of life.

After Asha graduates from the Masters program in Global Medicine, she wants to go to medical school. She wants to go to medical school so that she can work in a delivery room delivering babies. She wants to



Alvin Tran



Andrea Taguinod



Asha Lindsey

Global Health Symposium Profiles

Find out more about some of the speakers at the Global Health Symposium for Kids



Ian Chen

deliver babies because she believes that child health is the most important global health issue today.

To learn about global health, it helps to study food and water security. Her biggest help during her time studying for college was her mom. Her mom told Asha to follow her dreams.

*By Chinonso, Devinia,
and Ismael
FD Roosevelt Elementary*

Ian Chen

Ian is in his first year in the Global Medicine Masters' Program at USC. Ian decided to study global medicine because disease is not limited to any one country.

Ian's undergraduate degree is from Washington University in St. Louis.

Ian is focusing on tuberculosis in the Global Medicine program. Ian chose this area because it has been a part of his life.

Ian would like to be a doctor after he graduates. He said the most important global medicine issue today is maternal and child health.

*By Eduardo E.
FD Roosevelt Elementary*

Ian Chen went to school at Washington University in St. Louis, Missouri. He is studying tuberculosis. He spoke about pollution, because it has been a part of his life. When he graduates, he wants to be a doctor.

*By Terrell H.
FD Roosevelt Elementary*

Ian Chen started the USC Global Medicine Masters program in 2015, and he went to Washington University in St. Louis prior to attending USC.

Ian studied to get where he is. He believes that medicine is important and that medications should not be wasted. He wants to focus on tuberculosis.

Ian wants to be a doctor, and he hopes to specialize in maternal and child health.

Ian liked being interviewed, and he got the idea of attending the USC Global Medicine program from his mom. He would eventually like to practice medicine in lots of different countries.

*By Diana M.
FD Roosevelt Elementary*

Kate La Tendresse

Lomita Leopard's Roar interviewed Kate La Tendresse. This year is her first year holding the Global Health Symposium with PressFriends. When she grows up, she wants to be a dentist.

Kate studied biology and got a Bachelor of Science degree. She would like to become a dentist, and her presentation at the Global Health Symposium was on global oral health.

In the next ten years, she hopes to be a dental school graduate. Her own dentist inspired her to become a dentist. She wants to become a dentist so she can help kids with their teeth.

*By Owen M.
Lomita Math/Science Magnet*

Niloo Kossari

Do you know about the Masters degree students who were presenters in the Global Health Symposium for Kids? Let's find out about one of the presenters, Niloo Kossari.

Niloo is a first year student in Global Medicine studies at USC. She decided to study global medicine because she wants to be a doctor, and she thinks it is important to know about global health issues in order to be a good doctor.

Niloo was an undergraduate at USC where she studied biology. She wants to focus on clinical medicine. At the symposium, she spoke about refugees and internally displaced people. Niloo spoke about this topic because she thinks it is important.

There are many different global health issues in the world today. Niloo thinks that access to food and water is a huge problem.

The person who influenced her most is her uncle. He is a doctor. Niloo would like to go to medical school when she graduates.

If someone is interested in studying global health, he/she could study anything as long as he/she works hard.

In the next ten years, Niloo wants to accomplish a lot. She wants to acquire the knowledge and education to help as many people as she can.

Niloo was a pleasure to interview, and she was an incredible speaker. Niloo loved working with PressFriends.

*By Angela P. and Erika S.
FD Roosevelt Elementary*



Kate La Tendresse



Niloo Kossari

Global Health Symposium Profiles

Find out more about some of the speakers at the Global Health Symposium for Kids

Priyanka Vachhani

One of the graduate students speaking at the Global Health Symposium was Priyanka Vachhani. She is a student at USC and studies Biology, Global Medicine, and Disease Prevention. She is focusing on technology in global medicine studies. Priyanka decided to study global medicine, because she liked her first class and then she starting doing research. She also likes doing research.

Priyanka's topic at the Global Health Symposium was on Human Rights. There are a lot of issues caused by children not having any rights. Priyanka likes working with younger kids. She believes that the most important global health issue today is Health and Nutrition.

Priyanka was influenced by many people, but the one who influenced her the most was Nikola Tesla. She would like to work in Biotechnology when she graduates. Priyanka suggests that if someone is interested in studying global health, they need to read the news and study a lot.

By Afnan N.
Lomita Math/Science Magnet

At the USC Health Sciences campus, where students study medicine, Roosevelt Times reporters met one of the speakers, Priyanka Vachhani.

Priyanka taught students about human and children rights.

She is 23 years old and is in her first year at USC.

By Alyza A.
FD Roosevelt Elementary

Priyanka Vachhani and Cary Wright

Priyanka and Cary were interviewed about global medicine studies and extra information. Their presentation was on Human and Child Rights.

Priyanka and Cary were both Global Health speakers. They did a great job with their PowerPoint presentation. Some of the questions were about the start of their studies in global medicine. Cary started two years ago.

Priyanka and Cary were asked what their favorite fruit was. Passion Fruit and Dragon Fruit were their favorites.

By Lander S.
Lomita Math/Science Magnet

Roxana Tabrizi

Roxy Tabrizi was a speaker at the Global Health Symposium for Kids. Roxy wants to be a doctor.

Roxy misses her best friends who live in San Diego. She felt weird when she started the Masters program for Global Medicine and moved into a new place in August, but the people she met were nice to her. She likes to study in the library.

Roxy's favorite thing is teaching kids. Her favorite sports are volleyball, basketball, and tennis. Her favorite color is hot pink.

Roxy met Niloo Kossari in the Global Medicine program, and they often partner together on projects.

By Jazmin C.
FD Roosevelt Elementary

Roosevelt Times reporters had a great time at the Global Health Symposium for Kids at USC.

We met Roxy, who was one of the speakers. The Roosevelt Times asked her, "How did you get in to USC?"

Roxy said that she got in by getting good grades.

The Roosevelt Times asked her about her favorite color, and we discovered her favorite color is hot pink.

Roxy's favorite thing about USC is that there are lots of nice people. She met Niloo Kossari in the Global Medicine program when they worked together on an essay about helping the Earth.

Before Roxy came to USC, she was at UCLA.

By Kristy P.
FD Roosevelt Elementary

Roosevelt Times reporters had a very good time at USC at the Global Health Symposium for Kids. We met Roxy, one of the speakers.

When Roxy was 3 or 4, she played volleyball, basketball, and tennis. She has two sisters. Her favorite color is hot pink. Her best friend lives in San Diego.

Roxy takes three classes at USC. She makes good grades. She loves to work with kids. She lives in a dorm. She said the people she has met in the Global Medicine program are so sweet. She likes them. She met Niloo Kossari, her co-speaker, in the program.

She took classes at UCLA, before she came to USC. She came to USC in August.

By Ofelia G.



Priyanka Vachhani



Cary Wright



Roxana Tabrizi

Global Health Symposium for Kids / USC Kids News Workshop

Photos by PressFriends



Good Health for Everyone

(continued from page 1)

Instead of focusing on people's disabilities, we should look at their unique abilities. For example, people who have had an amputation, like kids, can have a replacement like a Transformer arm and would like to be treated like an actual person and not be treated differently.

Disabled people participated in the annual Special Olympics games that were held at the USC Coliseum. We know now only 43% of kids in Special Education graduate.

Hand Hygiene

Another speaker was Anthony Wong who focused on hand hygiene and infection control. We learned that harmful bacteria can get us sick and we need to wash our hands often. After washing our hands, we need to close the water with a towel to avoid infecting our hands again.

We also learned that in some countries, people can't reach water as easily as we do, and we are lucky to have water without dangerous particles

that can harm you in a dangerous way—like leaving you in recovery for about 3 months or kill you.

Oral Health

Finally, we also heard about dental hygiene from Kate La Tendresse and Andrea Taguinod. We learned to clean our teeth daily and keep our teeth healthy.

The workshop was fun, and we got to meet new people and write a newspaper.



USC Global Health Symposium for Kids

(continued from page 1)

Briana is very passionate about helping people, and participating in the Global Health Symposium for kids was one way to help others. Ian talked about pollution, which is a huge issue in his country and a very important health concern for

kids of all ages. Anthony loves to interact with kids, and wants to become a surgeon.

Dr. Nezami was very gracious and expressed what a wonderful time everyone had. Dr. Nezami likes to help people, and she believes that edu-

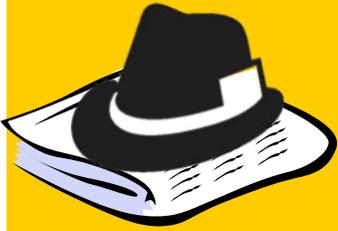
cation is a good way to help. She would like to hold this event again next year.

I really enjoyed the Global Health Symposium for Kids and can't wait to come back next year!

Photos by PressFriends



PressFriends



Do the *WRITE* Thing

USC Kids News and PressFriends would like to thank

The Masters' Students in the USC Keck Global Medicine Program, USC Keck Associate Dean Elahe Nezami, and Worldmed.com for co-sponsoring the Global Health Symposium for Kids

Los Angeles County Supervisor Mark Ridley-Thomas for supporting the PressFriends programs in the 2nd District

USC Good Neighbors Campaign for its support of PressFriends programs at USC

USC HSC Community Partnership and its Director Zul Surani for their support and assistance

and all the PressFriends Inc. student and parent volunteers, PressFriends at USC volunteers, and USC student volunteers

Note from PressFriends at USC

PressFriends had a great time at the Global Health Symposium for Kids held by the USC Keck Global Medicine Program, Worldmed.com, and PressFriends. None of this would have been possible without the efforts of the Director of the Global Medicine Program, Dr. Elahe Nezami, and her staff and students.

We also couldn't have had this program without the participation of our fourth and fifth

grade reporters from Foshay Learning Center, the YMCA program at Hoover Street Elementary School, Variety Boys and Girls Club, FD Roosevelt Elementary School, Lomita Math/Science Magnet, and Seventh Street Elementary School.

Thanks to Zul Surani and the HSC Community Partnership for inviting the Variety Boys & Girls Club, whose reporters did a great job!

Last, but certainly not

least, thank you to all of the Masters students in the Keck Global Medicine program who volunteered as speakers. Many thanks to Briana Shipley, Ian Chen, Alvin Tran and Karen Opara, Anthony Wong, Kate La Tendresse and Andrea Taguinod, Priyanka Vachhani and Cary Wright, Roxy Tabrizi and Niloo Kossari, and Asha Lindsey.

Luke Southwell

President, PressFriends at USC

Note from PressFriends Inc.

PressFriends is proud to be a USC Good Neighbors program, and we were excited to partner with the Keck Global Medicine Program on this issue of USC Kids News. We also appreciated the help of the volunteers provided by USC Friends and Neighbors Day.

Who are PressFriends?

PressFriends is a youth-led, all-volunteer nonprofit that offers free afterschool newspaper clubs and summer camps.

PressFriends was founded in 2008 by kids for kids, and since then we have mentored 3000 underserved youth.

Our goal is to make writing fun for elementary students because the more kids write, the better their writing becomes. We use peer mentoring field trips, games, and speakers to make our program fun.

Tessa Southwell

President, PressFriends Student Board

