



THE ROAR

VOLUME 4, ISSUE 4

JUNE 2013

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A Farewell Letter from Mrs. Garber

Dear Lincoln Lions,

This will be my last article for The ROAR! I want to say how proud I am to be a principal of an elementary school that has a newspaper. There are not many in California. I want to thank June Hee and Press Friends, who helped us get started on this 4 years ago. I also want to thank all of our editors over the years who not only did their school work every day, but also put in extra time each week to write articles, support other reporters, come to meetings, and also staple



and fold hundreds of copies of the paper on distribution day. And of course, a big thanks to all of our Lincoln Lions who wrote articles, drew pictures, submitted puzzles, and games for

every edition. A final THANKS to all the parents who encouraged and supported their children to be part of the paper. What a wonderful team effort. And because of all that hard work – Lincoln School has a fantastic newspaper – The ROAR! Send me copies next year so I can keep up with the happenings at Lincoln School. I will miss you all very much.

Best Wishes for Continued Success of The ROAR,

*Mrs. Garber
Principal*

What Will Mrs. Garber Do After Lincoln?



As most of you know, this is Mrs. Garber's last year as Lincoln's principal. The Editors-in-Chief interviewed Mrs. Garber to find out about her teaching career and what she will do after she retires.

Roar: How long have you been teaching?

Mrs. Garber: I have been an educator for 42 years! Wow!

Roar: What schools and grades have you taught at?

Mrs. Garber: I was a first and second grade teacher for about 15 years and then I was a K-5 Special Education Resource teacher for 4 additional years. After that I became an administrator. First, I was the Early Childhood Supervisor and then the Director of Curriculum K-12 for a large district in New Haven,

Connecticut. After 27 years in that district, I moved to the Cheshire Public Schools as the Assistant Superintendent of Curriculum and retired in 2005. I moved to Santa Fe, New Mexico and was an Assistant Principal at Santa Fe High School and just before I came to Lincoln School, I was the Principal for Carlos Gilbert Elementary School. And finally, I came to a most wonderful place, with terrific students, supportive parents and wonderful teachers – It was called Lincoln School!

continued on page 3

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Community

Interview with Mrs. Garber (cont'd from page 1)

Roar: Why do you like teaching?

Mrs. Garber: I have been in education all of these years because I love working with children and teachers. I enjoy helping others learn new things and become more confident in themselves. I love working at Lincoln because children and teachers enjoy each other, and everyone loves to learn new things. I believe that if children and teachers are successful in school, students will be able to become successful in their lives and contribute to the world in wonderful ways. I like being a part of that.

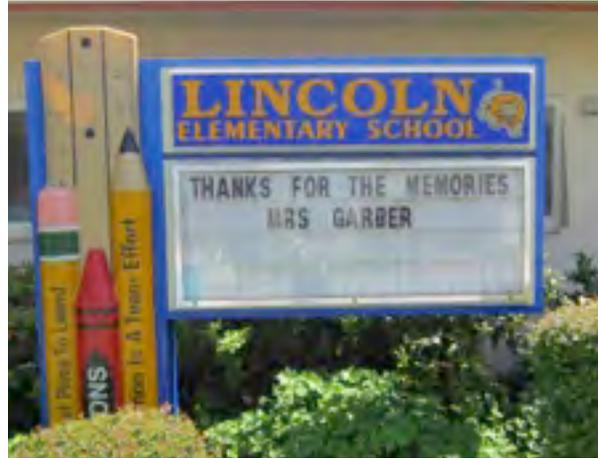
Roar: What is your favorite Lincoln memory?

Mrs. Garber: I couldn't even begin to think of a favorite memory because each and every day so many fun and important things go on here at Lincoln. I love how Lincoln Lions smile and are surprised that I know their names. I smile when

I watch students caring for one another or solving a problem without an adult. I feel so proud to be Lincoln's Principal when our students work hard at learning to read or feel proud to share a project they've worked hard on. I love that Lincoln Lions love coming to our school each day.

Roar: What has changed at Lincoln since you first came and what will you miss about Lincoln?

Mrs. Garber: Together with teachers, parents and kids we have accomplished many things. Our Playground Champion program has made our playground a safer happier place; our DandyLion Garden has blossomed into an important learning classroom; we have so many ways for students to show their leadership – like Student Council, Jr. Fire Marshal, Rainy Day Monitors and of course being an Editor of The ROAR! And of course those are all of the things I



will miss – but I will miss my Lincoln Lions most of all!

Roar: What is the first thing you will do after the last day of school?

Mrs. Garber: The first thing I will do when school is out, is to have a reunion with my college roommates on Cape Cod in Massachusetts. We haven't all been together since we left college in 1967.

Roar: What do you plan to do in the future?

Mrs. Garber: I would like to work in my garden, go

to cooking school, take rides with Mr. Garber in our TR3 Triumph through the Mountains of New Mexico, and travel to places in the world I haven't been before like China and Peru.

Roar: Will you stay in California after you leave?

Mrs. Garber: My husband and I will be moving to Santa Fe, New Mexico. But, I will be back often to the Bay Area because my daughter Ariana lives here. So, I know I will stop by every so often to say hi and see your smiles! I will miss you all very much.

Thank You Mrs. Garber

Thank you Mrs. Garber for being a nice and kind principal. I am thankful because you watch us and keep the school safe.

Thank you for helping us to be responsible in the lunchroom, and in the playground. For example, I take care of my food and

trash. In the playground we learned to be kind, fair and have fun. Thank you for helping events to be successful and fun. I will remember you always as watching us and keeping us safe.

Thank you for the wonderful things you did

for me such as being safe, being responsible and respectful. Thank you for being a role model to me because you are kind and thoughtful. I will never forget you as one of my favorite principals ever.

*Jacob V.
Third Grade Reporter*



THE ROAR

Community

Secret Cabrillo Garden



"I hope everyone enjoys and respects the garden"

Have you ever noticed the garden near the entrance from Lincoln to Cabrillo? And how it is always in such good shape?

Mr. Catalano, Lincoln's neighbor, started this little garden three years ago, and has taken care of it ever since. We wanted to interview him to find out how he keeps it in such good condition.

Roar: Why did you start the garden?

Mr. Catalano: I have been tending the garden about three years. Before I started, it was an eye

sore. The way the wind blows all the leaves and papers would go in that corner. That's why I started the garden.

Roar: How do you take care of the garden?

Mr. Catalano: I planted many California native plants because they take less water. The two trees are called Norfolk Isle Pine. I water once a week. I hope everyone enjoys and respects the garden.

Roar: How long have you lived near Lincoln School?

Mr. Catalano: We have been living here since

1971 and our son and daughter went to Lincoln School.

Roar: Do you have your own garden?

Mr. Catalano: I have a 1/8 of an acre on both sides of the creek and have planted various types of plants.

Thank you Mr. Catalano for making Lincoln beautiful!

*Alec A.
Justin H.
and Isabella L.
Editors-in-Chief*



What do you do all summer long? Sit, read, play video games, and discard toys and other things you'll never use.

What if you looked around your room for 5 minutes? You would find all sorts of things in nooks and crannies that you will never use again. Look at the state the toys are in. If it looks pretty nice, and

you think someone else can use it, then get a bag, put it in, label it DONATE and put the bag aside. If it looks bad and you don't think anyone will be able to use it ever again, then put it in a trash can.

Go all the way around your room doing this process with clothes, toys, shoes and other things you've got lying around

your room. When you're done, look up – or ask an adult – where the nearest homeless shelter is. Take the bag labeled DONATE and take it to the shelter. You have just helped many homeless children.

*Chloe M.
5th Grade Reporter*

Keep Our Earth Clean



Hello! We are Josselyn and Amanda. We wanted to talk about two things: global warming and summer. First of all, one cause of global warming is when people throw garbage on the ground instead of throwing it in garbage, compost, or recycling bins. This then makes the Earth too warm

because the Earth gets covered in trash. We really don't want that to happen here and have seen people who just don't care what happens to the Earth, the only planet where we can live on! Please help us in this plan because the Earth would be happier and better if it was clean, rather than if it

was dirty. Second of all, we wish you luck in the summer. And remember to use the three R's: Reuse, Recycle, and Reduce. We hope you read this article and have a nice summer. We will miss you Mrs. Garber.

*Josselyn R. G.
Amanda H.
Third Grade Reporters*

Animals

Learn About Sea Otters

Sea otters do everything in the sea. They sleep, eat, hunt, mate, and do various amounts of things in the water.

Sea otters often are found with a rock from the bottom of the sea that lays on their chest. This rock helps them crack open clams and mussels. The sea otter repeatedly bangs

on the rock with the clam or mussel until it opens for them to eat. They also eat things like sea urchins, crabs, squid, octopuses, and fish.

Sea otters sleep on their backs at water level. They usually sleep with other sea otters in the water. Sea otters sometimes float into large forests of kelp or

seaweed, then they entangle themselves to have anchorage from the sea.

If you want to see sea otters this summer, go visit the Monterey Bay Aquarium or visit their website and watch the Sea Otter Web Cam.

*Ariana D.
Animal Editor*



Peninsula Humane Society

I love all kinds of animals. That's why I want to tell you about the Peninsula Humane Society and how you can help them.

The Peninsula Humane Society is a place where you can adopt pets and they also rescue animals of all kinds.

Once for my mom's birthday, we got a present which was a cat. We adopted it from the

Peninsula Humane Society. You can get many animals there like cats, dogs, bunnies and reptiles.

You can also have birthday parties there and the money you pay to have your party helps the animals. For one of my birthday parties, instead of getting presents from my friends, I asked them to donate money to the

Peninsula Humane Society.

To learn more about fundraising and collecting things to help the animals at the shelter you can read the "Caring for Critters" pamphlet on their website <http://peninsulahumane.org>.

*Kelsey M.
Second Grade Reporter*



Lovable Dogs

Dogs are lovable pets that are big and small. They love when you feed or play with them. Dogs also love to be taken out for a walk or to the park to play. They can be many different colors and sizes. They can have lots of fur or barely any, and have spots or stripes!

There are many breeds of dogs and some include: Chihuahuas, Golden Retrievers, Bulldogs, Beagles, Poodles, Rottweilers, Pugs, Alaskan Malamutes, Chow Chows, and a lot more!

A dog's personality depends on if the owner is nice to the dog or not. But

basically, everyone loves their dog or dogs. A dog is a playful and loyal pet to have around you. If you feel lonely, just go have fun with your dog.

*Ariana D.
Animal Editor*



THE ROAR

Book Review

Join The Summer Reading Club!

Your whole family can join the Summer Reading Club at the Burlingame Public Library.

down the books that you read in the reading log and when you turn it in you get a free book!

6-12 is Reading Is Delicious! The theme for your parents (yes, they can do it too) is A Literary Picnic.

The Summer Reading Club happens every year at the library. Starting on May 28 you can go to the library and pick up a reading log. You write

You can turn in the reading log from June 17 to July 31. You are also entered in a raffle to win the grand prize. The theme for grades 1-5 and

Happy Reading!

Allie M.
Book Editor

Summer Reading Suggestions

Here are some great books to make even the dulllest summer days exciting!

Chapter Books:

Dog Days By Jeff Kinney (part of the Diary of a Wimpy Kid series)

The Summer of Riley By Eve Bunting

Shadows on the Sea By Joan Hyatt Harlow

Charlotte's Web By E.B. White

The Evolution of Capurnia Tate By Jacqueline Kelly

Picture Books:

Arthur goes to the Beach By Marc Brown

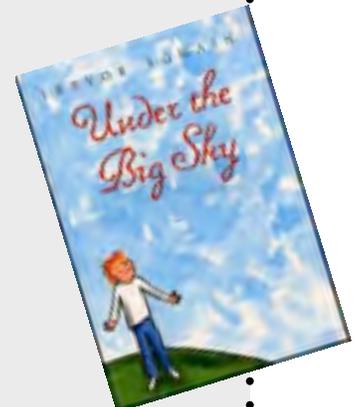
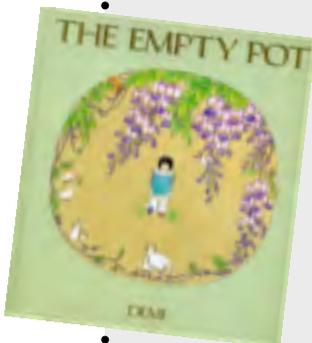
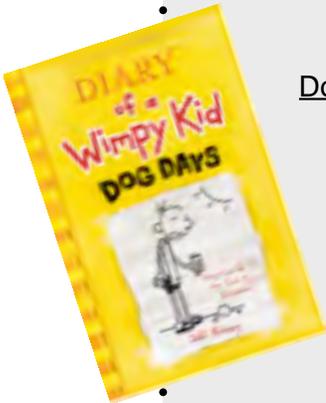
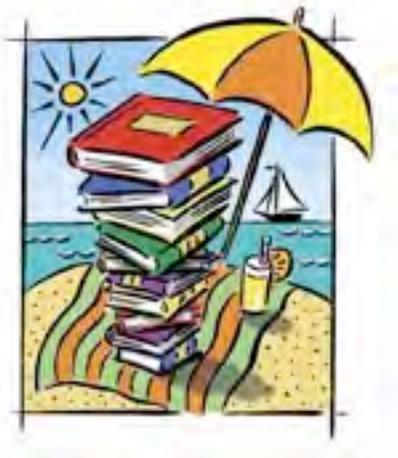
Under the Big Sky By Trevor Romain

The Empty Pot By Demi

Mrs. Spizer's Garden By Edith Pattou

Verdi By Jannel Cannon

Marlena B.
Book Editor



VOLUME 4, ISSUE 4

Book Review

Clone Codes

Clone Codes is an adventure book by authors, Patricia and Fredrick McKissack.

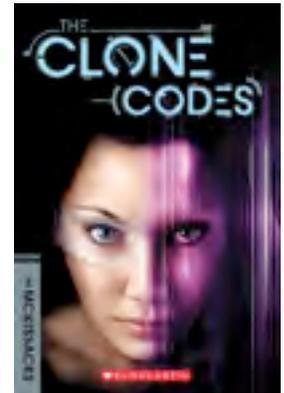
The main character is a girl named Leanna. Her mom is part of a secret organization, called the Liberty Bell Movement. Suddenly bounty hunters

and humans are chasing Leanna. If that wasn't enough, she has a \$1,000,000 bounty over her head for anyone to find. Will Leanna ever be able to come out of hiding and be safe?

I would recommend this book to any fifth grader or

advanced fourth grader craving for a good adventure. Sci-Fi lovers will love this action packed fun book.

*Ashton B.
4th Grade Reporter*



39 Clues

Do you like mysteries? Then 39 Clues, by Rick Riordan, is the right book for you.

It all starts when Amy and Dan Cahill go to their grandmother's funeral. Dan thought he had the most annoying sister ever; but what will he think when his sister sets fire to two

million dollars and accepts the challenge to look for 39 Clues?

They get the first clue and head to Paris, France. But will this massive treasure hunt be what they intended it for? This book tests Amy and Dan's skill and ability.

This humorous action-packed book by best-selling author, Rick Riordan will have you guessing to the end.

I hope you enjoy reading this amazing book!

*Jacqueline B.
2nd Grade Reporter*



Entertainment

Spy In Action - A Short Story

~Chapter 1~

A long time ago, there was a spy called Joe Manson. He was smart at his job. He fought criminals and monsters. He never lost a fight. He would always get a cup of coffee and a chocolate donut before he went on a mission. He would go in his fancy black Mercedes car and drive really fast. He would walk and

tumble on the ground when he saw a criminal. He didn't like the criminal or monster to see him. But this criminal has very good vision. He could see through walls. But Agent Joe always had a plan, and a weapon in his black jacket.

The criminal knew what was coming his way. Joe threw a ninja star in one direction and ran to another location. He

kept doing it over and over and over until the criminal was out of his life. He was ready to go.

~Chapter 2~

A big monster was going to attack a building. Joe Manson went to get a cup of coffee and chocolate donut. "I'm ready!" Manson said. He went outside. He saw a huge creature attacking

people. He knew what to do.

~Chapter 3~

Joe ran to the monster and gave him a nice knuckle sandwich in the jaw. The monster screamed, and then he fell. People started cheering.

The End

*Sean-Michael S.
4th Grade Author*



THE ROAR

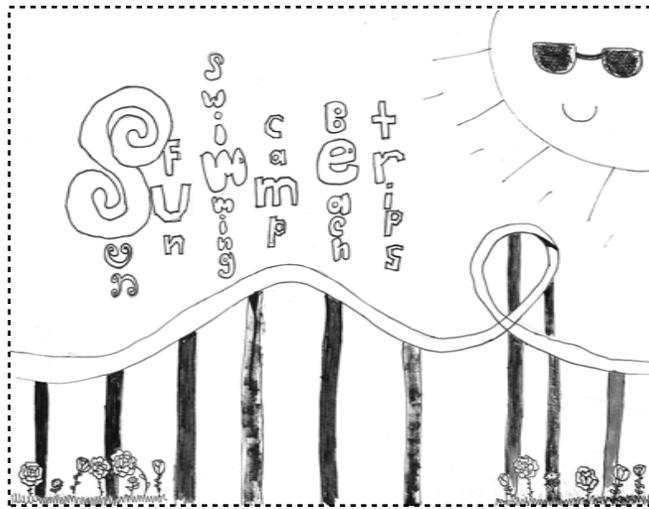
Entertainment

Fun Summer Activities

Summer is coming and here are a few options for summer activities. It is fun to have something to do in the summer.

There are many camps you can attend. You can sign up through the Burlingame Parks and Rec. Or, you can look into other camps, for example: Camp Galileo, Alligator Art, CuriOdyssey, Steve & Kate's, and Starting Line-Up Baseball. It's fun to do a camp because you learn something new!

Are you hot and burning and want to jump into icy cold water? Here are some public pools to go to!



Do you want a frozen treat? Here are some places to go:

Preston's Ice Cream, located on Broadway in Burlingame and Baskin-Robbins on Burlingame Avenue in Burlingame and in Millbrae next to Trader Joe's.

Have a fun and safe summer and stay busy with these summer activities.

Ana Spano
2nd Grade reporter

Artwork By
Kate H., Art Editor
Katerina R., Food Editor
Emmy S., 5th Grader

Burlingame Aquatic Center -for recreational swimming hours and more information visit their website, burlingameaquatics.com

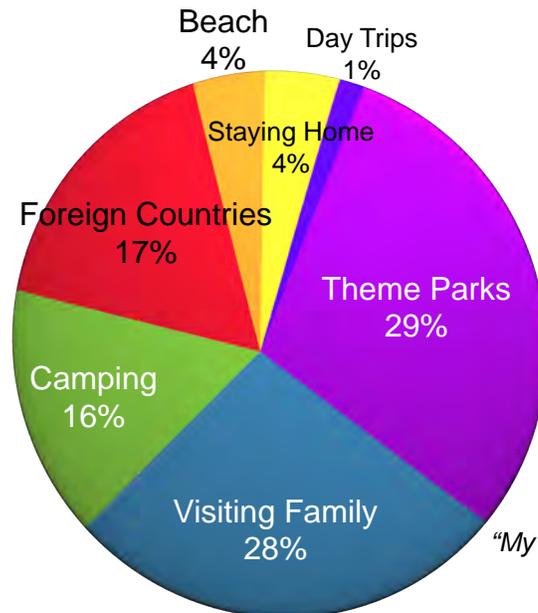
Burgess Park Pool – located in Menlo Park, for more information check out their website at www.menloswim.com.

Travel

Lincoln Lions Favorite Summer Vacations

We asked sixty-nine kindergartners, first graders, and second graders what kind of vacations were their favorites. Choices were 1.Camping 2. Beach 3. Visiting Family 4.Theme Parks 5. Staying Home 6. Day Trips 7. Foreign Countries. The results were:theme parks and visiting family came in as most popular. Foreign countries and camping came in a close second place. The not as popular categories were day trips, staying home, and going to the beach.

Elliot S.
Kristen S.
Travel Editors



"I like being up in the air and seeing everything at Gilroy Gardens"
-Bella V., 2nd Grader

"I like to go on a plane to visit my relatives in China"
-Leo W., Kindergartener

"I like going camping because I like sleeping outside"
-Bella K., Kindergartener

"My favorite vacation to go to is Sea World because I like to see the killer whale"
-Hannah H., 2nd grader



Travel & Entertainment

Camping Spots To Check Out

Are you looking to do something fun and exciting this summer? My family loves to go camping in the summer. Sometimes we stay in tents and other times we stay in cabins. Last summer, we went to Shinneyboo Creek which is south of Lake Tahoe. They even had log cabins with real beds inside. Outside the cabin there was a big firepit where we roasted s'mores and hot dogs. A short walk away there is a creek with a big swimming hole and rocks to jump off. The water is crystal clear. But be careful, because the rocks are slippery. One day we went on a big hike which led to a couple different rivers and lakes. These rivers were freezing cold because it was close to melting snow.

This summer we are going to stay in the cabins at Steep Ravine near Stinson Beach. These wood

cabins have wooden sleeping platforms and an old fashioned wood burning stove inside. There is no electricity or running water in the cabin. But the views from the cabin are amazing! You are right on the edge of the ocean on a cliff. Everywhere you look is ocean. A short walk will take you to the beach. But this beach is not a swimming beach. You can climb on the big rocks and boulders. You can also make forts with driftwood or stack little rocks into towers.

So this summer, grab your hot chocolate and marshmallows and head out camping. I hope you have fun – I know I will!

*Samantha J.
3rd Grade Reporter*

*Artwork by Geran B.
Art Editor*

Fun Summer Things to Do!

You should go to Great America over the summer. They have lots of good things to eat, and there are waterparks there. The rides can cool you off. I'd recommend going on water rides. Some rides you can even stand on! And there are baby rides too. Going to Great America can be a lot of fun.

Another place to go over the summer is Hawaii.

There is a hotel there called Aulani. It has a public beach and a river that you can go on with floaties. You can also go to this water park at the Aulani. It has slides and other cool things there. I think over the summer you should go to places with water slides like Aulani and Great America.

*Alejandro C.
2nd Grade Reporter*



Tips on Traveling to Asia

When you travel to Asia be prepared for a lot of sun because Asia is really hot in the summer. And this isn't that important but if you're going to the Disneyland in Hong Kong remember to bring your Disney stuff.

As always don't bring things that are really

special to you because one time I brought my camcorder to China and it's still there as you read this article.

Don't bring a lot of stuff because you'll want to buy things there too. And last but not least, remember to bring a first aid kit with you just in case you get hurt.

So that's our tips on traveling to Asia in the summer. We hope this helps you when you travel to any place (even the moon). We hope you enjoyed our advice!

*Alastair R.
Loujain J.
3rd Grade Reporters*





LION LIONS SAY THANK YOU

I remember when Mrs. Garber called me to the office to help me learn that I didn't need to cry.



I remember when Mrs. Garber was wearing her Jeter jersey and I was wearing my Posey jersey.



We are thankful for Mrs. Garber because a lot of people in our class love sports. And, Mrs. Garber is a perfect principal for that. Even though Mrs. Garber is a Yankees fan, she still roots for the Giants.



I remember when you helped me feel better.

I remember when you were wearing your Yankees earrings.



We will always remember how Mrs. Garber took care of all the kids and was sweet and caring.



I remember when I hurt my leg and you helped me.

I am thankful for Mrs. Garber because of the warm welcomes and greetings in the morning. Mrs. Garber is a good person to talk to when you come to school.

I am thankful for the beautiful learning environment Mrs. Garber

I remember when someone pushed me down and you helped me feel better.



I remember when Mrs. Garber took me to the office because I had a bloody nose.



& GOOD LUCK MRS. GARBER!



I appreciate everything Mrs. Garber has done for me and the teachers. Just everyone feels like they mean something to her, and to this school.
THANK YOU, MRS. GARBER

I remember when Mrs. Garber was wearing Lincoln spirit wear and she gave me a sticker because I was too.



I remember seeing you on the first day of school.

I remember when Mrs. Garber helped me when I broke my arm.

I remember when you talk on the microphone every Friday.



We are thankful for Mrs. Garber keeping us safe. We love when she comes in our classroom to see what we are learning. We will miss her!



Mrs. Garber makes us feel happy. She helps by coming into our class. She is so nice she never forgets about anything important. She remembers our names. She talks to us slowly and wasn't grumpy when we needed reminders. She helped make things possible, like the walk-a-thon, at Lincoln. We love Mrs. Garber.



I remember when she comes into our classroom, she always says, "hello" or "good morning, Sea Stars," even if she just wanted to talk to Mrs. Glover.

THE ROAR

Sports Corner

Speed Boating In The Summer

In the summer, I like to go speed boating. I wanted to be able to drive the boat by myself so I took online boating lessons to get a license. I learned how to approach the dock because of the wind. I also learned PFD's (personal flotation devices), what different kind of boats are and navigation buoys. It took me almost a month to finish the lessons. My final score was 93 percent.

Now, I can do the boating for real in New Hampshire at Lake Winnepesaukee. My grandfather said that we would find me a small boat to use. The law says boats for kids need to be less than 15 horsepower. I don't know what kind it will be but it will be good. I can drive my little sister around or anyone else I want. Boating is fun

because you get to travel the waters wherever you go. One time last summer, I went speed boating with my dad and we accidentally drove into the middle of the lake. We hit a wave and the engine came out of the water. It was exciting, but we landed hard. Speed boating is fun. You get to

go super fast, and it has cool air conditioning. I mean the wind.

I encourage you to try the lessons if you want to get your boating license.

*Nicholas T.
3rd Grade Reporter*



Beach Fun In The Sun

In Hawaii, when you go to the beach, you can see coral and colorful fish. You can sit in the sun and build things out of sand. I built a sand castle and a gigantic seat.

*Kiana H.
2nd Grade Artist*

Sports Corner



Derek Jeter On And Off The Field

This summer I am looking forward to baseball. Derek Jeter is one of the best baseball players. He is a baseball player for the New York Yankees and plays shortstop.

Derek was always a New York fan and he wanted to be a Yankee player. He was born on June 26, 1974 in Pequannock, New Jersey near New York City. His grandmother took him to his first New York Yankees game when he was 6 years old.

Derek Jeter grew up in Kalamazoo, Michigan. He played baseball every day. He was a good student and got mostly A's. He was one of the best baseball players in high school. Scouts came to watch him play. He was named the 1992 High School Baseball player of the year.

In 1992, Derek Jeter was drafted by the New York Yankees. He went to play in the minor leagues for 4 years and started to play for the Yankees in 1996.

In 1996, the Yankees won the World Series. Derek Jeter was voted Rookie of the Year.

Derek Jeter off the field started a foundation called Turn 2 Foundation. It helps kids to stay away from drugs. His dad is in charge of the foundation because he helped people as a drug and alcohol counselor.

Derek Jeter is my second favorite baseball player after Buster Posey.



Marco R.
2nd Grade Reporter

The Soccer World Cup

Believe it or not, soccer is the most popular sport in the world! And the most popular sporting event (other than the Olympics) is the Soccer World Cup, which happens every 4 years. The next men's World Cup will be in Brazil, next year. Teams from 200 countries play 816 games to pick the 32 finalists who will go to Brazil. In the finals, 8 groups of 4 will play each other and the best two in each group go forward to a knockout stage.

USA has qualified for each of the past 5 world cups and are looking like they have a good chance at qualification this time (as shown below).

This is USA's group. Teams get 3 points for a win, 1 for a tie, and none for a loss. After 7 more matches each, the top two teams will qualify automatically.



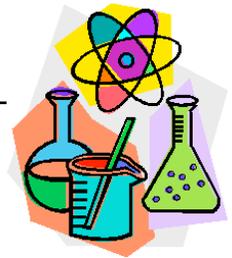
FIFA WORLD CUP
BRASIL

Team	Played	Won	Tie	Lost	Goals Scored	Goals Against	Goal Difference	Points
Panama	3	1	2	0	5	3	+2	5
Costa Rica	3	1	1	1	4	3	+1	4
USA	3	1	1	1	2	2	0	4
Honduras	3	1	1	1	4	5	-1	4
Mexico	3	0	3	0	2	2	0	3
Jamaica	3	0	2	1	1	3	-2	2

Ronan M., 4th Grade Reporter

THE ROAR

Science and Technology



Interview With Mr. B



Mr. Brockbank with a worm during a dissection lesson at Lincoln

Do you know the new school district Science Coach Mr. B (you know, the guy with the bow tie)? His name is Brennan Brockbank and he has taught science to everyone from kindergartners to college students. We decided to interview him about science and some of his favorite things.

Roar: How did you become so involved with science?

Brennan Brockbank (Mr. B): I decided to become a science teacher when I was 13 when I was learning Biology. ATP did the trick for me and I was hooked.

Roar: What is your favorite part/subject of science?

Mr. B: I've studied and taught all areas of science, but I have a particular fondness for vertebrate paleontology (dinosaurs).

Roar: What do you recommend for kids interested in science?

Mr. B: For students who are interested in science, I'd recommend finding books, either science fiction or science literature, that interests them.

Roar: Who is your favorite scientist (it can be yourself)?

Mr. B: My favorite scientist is Charles Darwin and my favorite engineer is James Dyson.

Roar: Why do you wear bow ties?

Mr. B: I wear bow ties because they don't get in the way when doing messy experiments (this must explain their ubiquitousness).

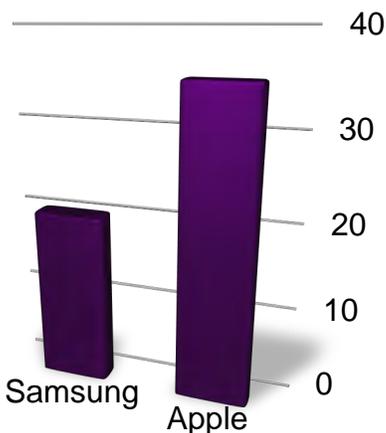
Roar: What do you like to do in the summer and do you have any fun things planned?

Mr. B: I'll be traveling to Europe this summer as my mother is Dutch and we are visiting the "homeland" (Netherlands).

Cooper G.
and Mark H.
Science and Technology
Editors

Samsung or Apple?

We asked 55 people what their favorite phone company was, Apple or Samsung. It was interesting to see the results, because we thought Apple would win much more easily than it did. The results: 35 people liked Apple, 20 preferred Samsung.



"I like Apple because Samsung copied Apple"
- Jon R., 5th Grader

Cooper G.
and Mark H.
Science and Technology Editors

Fever Advice



Your mom just said, "You're feeling hot." Why are you hot?

There is a bad germ and your body burns up cells to get rid of it (I learned this last part from Mr. Glover). This might also cause your body to shake a little. The temperature that is officially a fever is 100.4F° or 38C°.

You can measure your temperature by using a thermometer. You can stick a thermometer under your tongue, or you can put it under your arm. Also, if you're moving a lot while you are taking your temperature, it might cause your temperature to go up.

If you have a fever, try sitting outside because it might help. Or, leave a window open. You can also rest a lot or read. Make sure that you have healthy meals.

You should go to a doctor if the fever lasts for a week, or you can find a medicine that treats fevers. Make sure to keep your distance from anyone who has a fever and wash your hands frequently. Remember to use this advice next time you get a fever.

Molly A.
Third Grade Reporter

Environment

Lincoln Lions Choose Best Alternative Energy Source

This is a graph showing what 25 Lincoln students chose for the best alternative energy source. I made a pie graph showing the results in percents. These are all renewable types of energy. What would you choose?

A quick explanation of different types of renewable energy...

Solar- Solar power is created when sunlight strikes solar panels, creating electricity.

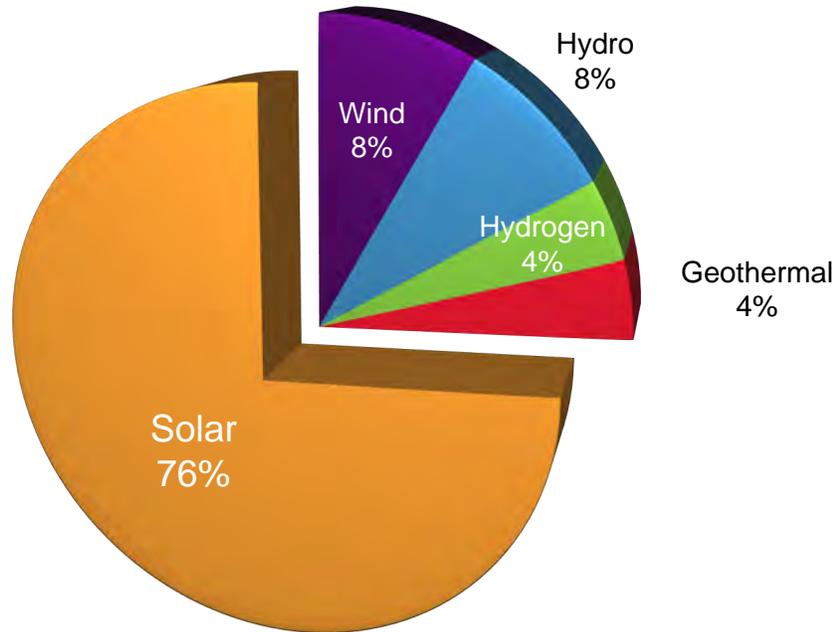
Wind- Wind power is created when wind spins a turbine that spins a generator, creating electricity.

Hydro- Hydro power is created when running water flows through a dam, spinning a turbine, making electricity.

Hydrogen- Hydrogen power is created when a chemical reaction occurs between hydrogen and oxygen in a fuel cell, making electricity and water.

Geothermal- Geothermal power is created when hot steam rises from deep in the Earth, spinning a turbine, creating electricity.

*Brennan M.
Environment Editor*



Ocean Acidification - Help Save Our Coral Reefs!

As we talk, the ocean is very slowly getting more acidic. Ocean acidification is when carbon dioxide is slowly absorbed into the ocean. As humans release more carbon dioxide from burning fossil fuels, CO₂ is absorbed into the ocean. As a result the ocean becomes more acidic. This can lead to coral bleaching (where coral loses its color), shelled organisms having a harder time to create shells, fish having a harder time to hear predators, and many other harmful things to nature. Ocean acidification is happening really fast, too

fast for organisms to adapt to it. Maybe someday you won't be able to swim through colorful coral reefs. Instead you will be seeing white skeletons of coral.

Some ways to help are:

- ride your bike or walk to school
- turn off lights when nobody is in the room
- recycle and compost
- buy solar panels for your house

The list is endless. If everybody does this, maybe someday you will

still see beautiful coral reefs!

*Brennan M.
Environment Editor*



THE ROAR

Food and Restaurant



“...we found that with \$5 you could buy four mac-and-cheese dinners or two cucumbers”

Healthy Foods Are Healthy!

Did you know that one out of three children in the US is overweight? According to Harvard School of Health, this is true. There are many reasons for this astonishing number, and one is that the US government helps pay for corn and soy products.

Why corn and soy? They are healthy aren't they? Well, these two products are an ingredient in many processed foods. In fact, corn products make up 554 calories of an average American's daily calorie intake! And, corn and soy are included into the many unhealthy foods that now

are cheaper, because government helps pay for the ingredients in them.

A few weeks ago, my family and I were at the nearby Lucky, and we found that with \$5 you could buy four mac-and-cheese dinners or two cucumbers. You know that mac-and-cheese is the unhealthier choice, and it is cheaper because the ingredients are subsidized by our government.

There are unfortunately many people in this country who cannot afford food. Some are given only \$5 a day in food stamps. If

you had to feed your family for two days, would you buy the four mac-and-cheese dinners or the two cucumbers? These Americans must choose the mac-and-cheese, and they soon become unhealthy. And, it is not their choice!

I hope that this article has given you a reason to choose healthy foods, and also to realize what is going on in our country to those who may not be able eat dinner, (or even a healthy one) every night.

*Alec A.
Editor-in-Chief*

Fruits or Vegetables? What's Your Favorite?

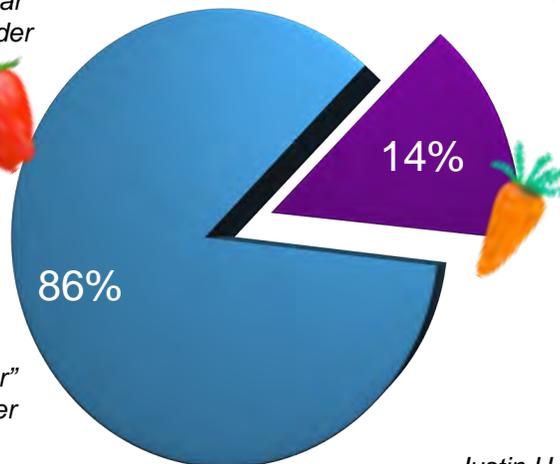
We asked 63 Lincoln Lions “What do you like best for a healthy snack?” We wanted to know if they preferred fruits or vegetables. 54 people chose fruits and only 9 people chose vegetables. Below are some of the reasons they gave for their choice:

*“Fruits are sweeter and have more sugar”
-Naomi J., 5th Grader*



*“I like fruits because there is such a big variety and they all taste different”
-Marlena B., 5th Grader*

*“I like fruits because they are sweeter”
-Sameer K., 5th Grader*



*“Vegetables have lots of vitamins that we need day to day”
-Andreas P.-Z.*

*“Vegetables are 10 times better”
-Ted R., 5th Grader*

*Survey conducted by
Ava H., Food Editor
Justin H. and Isabella L., Co-Editors-In Chief*

Food and Restaurant

Stacked Caprese Salad With Balsamic Vinegar

Caprese salad is a simple Italian dish consisting of tomatoes, mozzarella cheese, and basil stacked in alternating layers. There is usually some sort of vinaigrette drizzled on top. You can use pre-made vinaigrette, or you can make your own. If you would like to make it yourself, I have included two recipes, one for a basil vinaigrette, and one for a raspberry vinaigrette.



Ingredients

- 1 medium to large tomato
- 1/4 cup fresh basil leaves
- 4 ounces fresh mozzarella cheese
- 4 teaspoons balsamic vinegar
- 1 tablespoon olive oil
- salt and pepper, to taste

Directions

1. Cut the tomato in pieces about 1/4 inch thick. Do the same for the mozzarella.
2. Alternate layers between the tomatoes, mozzarella, and basil (i.e. tomato slice, mozzarella slice, couple leaves of basil), beginning and ending with tomatoes.
3. Drizzle with olive oil and balsamic vinegar. Season to taste with salt and pepper, if desired.

Basil Vinaigrette

Ingredients

- 1 cup olive oil
- 1/3 cup apple cider vinegar
- 1/4 cup honey
- 3 tablespoons chopped fresh basil
- 2 cloves garlic, minced

Directions

In a bowl, whisk together the olive oil, apple cider vinegar, honey, basil, and garlic. Pour over or toss with your favorite salad to serve.

Raspberry Vinaigrette

Ingredients

- 1/2 cup vegetable oil
- 1/2 cup raspberry wine vinegar
- 1/2 cup white sugar
- 2 teaspoons Dijon mustard
- 1/4 teaspoon dried oregano
- 1/4 teaspoon ground black pepper

Directions

In a jar with a tight-fitting lid, combine the oil, vinegar, sugar, mustard, oregano, and pepper. Shake well.



All recipes are from Tablespoon.com

Ava H.
Co-Food Editor

THE ROAR

Fashion

Interview with Women's Health Fashion Editor



Women's Health Fashion Editor Intern, Ava Rettke with Roar Fashion Editor Sophia H.

A Few Ways Women's Health Magazine Gives Back to the Community:

- ☪ Serves dinner at local soup kitchen
- ☪ Helps prepare clothing donations for survivors of natural disasters
- ☪ Helps with beautification of local elementary schools

Interview with Ava Rettke, Fashion-Editor intern from Woman's Health Magazine in New York. (Ava is Sophia's older cousin who lives and studies in NYC):

Sophia: Ava, what do you think the summer fashion for swimwear will look like?

Ava: The swimwear for this coming summer will have a lot of one piece swimsuits with various cutouts. Also, what is popular among two piece bikinis are high-waisted bottoms, creating that old fashioned retro look. The colors for this summer's swimwear are very bright with various neons as well. Various floral patterns are also very popular for this summer's swim fashions!

Sophia: How differently do people dress in New York City than in San Francisco?

Ava: They dress very differently. People in California use a lot more colors in their every day outfits, their style is more bohemian and casual. People in NYC tend to wear a lot of dark clothes, especially black. New Yorkers style is a little more dressed up as well. It is rare that you do not find a New Yorker in heels, no matter day or night. Both New York and California styles are super cute in their own way! And it is always great to try all kinds of style when it comes to your own wardrobe!

Sophia: Is Woman's Health Magazine giving back to the community?

Ava: Women's Health is under the publisher Rodale Inc. who also publishes magazines such as Men's Health, Runner's World, Prevention, and Organic Gardening. Rodale has many different events always going on that help the community.

Sophia: Thank you very much for the interview!

Sophia H.
Fashion Editor

Pros and Cons of Flip Flops

Do you know what pros and cons are? Well, pro is a compliment for something, and con is saying something bad about something.



Pros	Cons
Feet are open so they don't get too hot.	Since flip flops are opened toes shoes, your toes can easily get jammed into something.
They have different styles and are very fashionable.	They are easy to trip on, so you might fall and break something!

CONCLUSION: Flips flops have their pros and cons, so in the summer, I recommend sandals or cros!

Kayla B.
Fashion Editor

Advice Section

Advice from the Oracles

Advice provided by our Roar Advice Editors, Elaine C. and Olivia V.

Dear Oracle,
I love doing art and I am very good at drawing, but I can't find any inspiration. What can I do?
From,
No Inspiration



Dear No Inspiration,
Ways to find inspiration are to draw things in your everyday life. For instance, if you're in your bedroom, draw your dream room or your favorite thing in your room. Other fun things to draw are in nature, or try making a design and turning it into abstract art.

Another way to find inspiration is by looking at drawings and sketches of famous artists or even a friend's. You can also search Google Images for ideas.
From,
Oracle

Dear Oracle,
I'm going to have a lot of free time during the summer. How should I spend my time wisely but still have lots of fun?

From,
Bored

Dear Bored,
During the summer, there are so many different sports and activities to try. Here are a few ideas: try a new sport, hang out with your friends, ask your parents if you can camp out in your backyard (even better, somewhere you've never been before), or start a new book. There are endless possibilities, so try to make the most out of your free time!

From,
Oracle



Anyone can submit a question to the Oracle. Please send your questions to lesroar.editor@gmail.com with the subject "Advice".



Fashion Advice

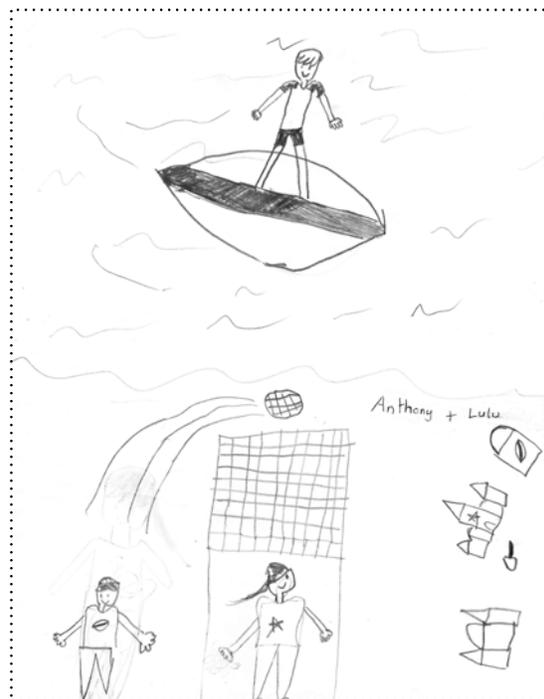
Best Clothing to Wear to a Pool!

One day you will say "what should I wear to a pool?" It mostly happens in the summer. First of all you would need sunscreen, a hat, or sunglasses for your head. Second of all you may want to wear flip flops, sandals, or even barefoot for your feet. Third of all you would need a bathing suit, a shirt or a cover up for your body. Why I say all these things is because they are easy to take off when you are in the pool.



Sophia H.
Fashion Editor

Summer Surfing



Artwork by Anthony O. and Luciann N.
3rd Grade Artists



Thank You, GoodBye and Good Luck!

It has been an amazing experience as Editor-In-Chief of the Roar. After writing for the Roar for the past 4 years, I have loved being part of the action that goes on inside the closed doors of our library every other week. Even though it may be hard and tiring, seeing the new edition, and all the work you have done, can really make you feel proud.

If you are in 4th grade, and you want to be part of the ROAR team, whatever position you get, from Sports Editor to Advice Editor, or Editor-In-Chief, you are sure to have a great year. Each and every section has its own unique features, and they are all good ones. I strongly recommend you take a position next year!

Finally, you would not be reading this paper without Mrs. Hee and Mrs. Garber. Without their determination and hard work, the ROAR would not exist.

Thank you for a wonderful experience!

-Alec A.

I hope you have enjoyed Volume 4 of the Roar this year. You all helped out, whether you took a survey, served as an editor or reporter, or you are a reader. In particular, I would like to thank my mom, Mrs. Garber, Mrs. Seki, Ms. McCrea, and Ms. Alderete for making Volume 4 of the Roar possible.

Being an Editor-in-Chief was a great experience for me. After writing for the Roar for 4 years, I finally figured out what went on at the meetings and what the publication process was. It was fun and I learned a lot about leadership and how a newspaper works. I also got to edit and help reporters with their articles.

One of my favorite memories from this year was when the first issue

came out. We had worked a long time on it and were finally getting used to the process. After that, I thought we were getting out the issues pretty fast, until we visited *The Stanford Daily*. Emphasis on *Daily*. We found out that they work from 7 pm every night to 2 am. And then they have to do their homework. After I found that out, I was grateful that we weren't that intense.

This has been a great year for me, and I have had a lot of fun. I hope Lincoln will always continue to publish the Roar, and I wish the new editors good luck on Volume 5 next year.

-Justin H.

Being an editor for the Lincoln Roar is a wonderful experience. Anyone who gets to be an editor of the Roar will have a once in a life time opportunity. The place of an editor has a great responsibility, but also you get to have many

privileges. For these reasons, I strongly encourage 4th graders to be an editor for the Roar. If you are interested in a specific position, you may chose from Editor in Chief, Fashion, Advice, Animal, Entertainment, Science and Tech, Book Review, Art, Food, and much more options!

If you are in the Roar, you will experience many challenges, but still have lots of fun writing articles and attending meetings. One of my favorite moments as Editor-in-Chief this year was establishing the first issue of the year. I felt so proud of the work everyone put into the newspaper, and I was very excited to be a part of the Roar. I also enjoyed working with the other Editors-in-Chief, Justin Hee and Alec Abramson.

- Isabella L.



Thank You Stanford Daily!

The Roar Editors would like to thank The Stanford Daily for hosting us last month. We had a really good time meeting all the editors, visiting the Stanford Daily office, learning about the layout and seeing the archives. We are so impressed that they can get out a paper EVERY day and go to school.

A Special Roar of Appreciation to Mrs. Poulos for her help in printing this final issue of The Roar!

The Roar would like to thank PressFriends for their continued support. PressFriends is a community service group formed and run by kids for kids. For more information visit their website at www.pressfriends.org.

All Lincoln Students can submit articles or artwork to The Roar. Please contact the paper at lesroar.editor@gmail.com if you have any questions.